



ProsneigeTM

SINCE 1996

SKI SCHOOL
ACTIVITIES

SKI SHOP
SEMINARS



VAL THORENS 2016/2017 - EMOTIONS AT THE TOP
www.prosneige.fr

PROSNEIGE



PROSNEIGE 20 YEARS

With the creation of Prosneige in 1996, our wish was to create a different method with small groups and instructors who speak multiple languages to guarantee the quality of all ski lessons.

Our concept at Prosneige is based on simple fundamentals of client service, deeply valued relationships and always advancing together with our clients. We set our bar high by continually evaluating our organization in every way to guarantee those once in a lifetime experiences. Our strength is personalizing our services and improving our know-how. All our instructors and technical experts are eager to teach you what they're most passionate about.

Prosneige, in the heart of the '3 Vallées' Val Thorens, Les Ménuires and Méribel, an independent ski school, several specialized ski shops, our ski instructor training center and an agency for all your corporate events.

All full of passion, for our beloved mountains, skiing, winter sports and dedicated in giving you the best service possible.

We listen to our clients, we personalize our follow up and welcome you all year round with the same enthusiasm about every detail to facilitate your holiday in every way.

Our team's commitment is to guarantee a once in a lifetime experience.

*Our Motivation :
To see you amongst us again.*

*Claire Jurine Gastaud
Director*



LES PLANCHES PROSNEIGE LIFESTYLE



- ▶ Come and enjoy our terrace and deckchairs in the sunshine
- ▶ See your children learn how to ski in our kinder garden
- ▶ Coffee for everyone and time to meet our instructors
- ▶ Enjoy some sledging in our kinder garden
- ▶ Delivery service for equipment at our meeting point
- ▶ Ski tests
- ▶ Benefit from our cloakroom section at our chalet
- ▶ Let our bootfitters and technical experts advise you



EMOTIONS AT THE TOP

PROSNEIGE SCHOOL



PRESENTATION

- 75 instructors with passion
- Experience of almost 20 years
- Offices in the town center of the ski resort
- Private and secure kinder garden with a custom rolling carpet
- Les Planches, chalet of 150 m² where you can relax and meet all our instructors
- A specific instruction and modern teaching ways for the youngest ones starting from 3 years old
- Up to 17 languages provided
- Cloakroom for all our beginners
- Medal ceremony at the end of the week with free hot chocolate for everybody

COMMITMENTS

- Limitation of 10 persons per instructor in each group
- Limitation of 6 children per instructor in our kinder garden
- One all round meeting point Les Planches for all of our lessons
- Fixed time tables for all lessons
- A special formula with lunch for our children classes





SPECIFIC PEDAGOGY & MODERN TEACHING WAYS

from 3 years old

Learning how to ski with confidence and a not to be forgotten fun factor in a secure setting.

Ski instructors with a smile: with a passion for our beloved mountains, skiing, working with children and we guarantee the native tongue in our classes. Ski instructors receptive for feedback: to progress 'à la carte', at your own pace.

Modern teaching ways with 6 children per instructor with a personal touch to learn how to ski but still everybody is part of the experience.



EMOTIONS AT THE TOP



BABY SKI **from 2 years old**

First introduction to skiing with a not to be forgotten fun factor in a secure setting.
Tuesday, Wednesday, Thursday from 4pm to 5pm.
Price €60.

LITTLE BEARS **3 to 4 years old**

A specific instruction and modern teaching ways for the youngest ones starting from 3 years old in which everyone can progress at their own pace, 'à la carte'.

CHILDREN GROUPS **5 to 13 years old**

From beginners to higher levels, from children to teenagers, limitation of 10 children per instructor in each group. Medal ceremony at the end of the week.

CHILDREN GROUP LESSONS





TEENS AND ADULT GROUP LESSONS



PRO-RIDER BRONZE & PRO-RIDER GOLD

**SPECIAL
TEENS**

Our top classes for teenagers, not your conventional skiing lessons (slalom, moguls, off piste, freestyle) all in a controlled setting (good level required).

ADULT GROUP LESSONS

From beginners to higher levels, limitation of 10 persons per instructor, free ski testing on Tuesdays.

EXCLUSIVE OFFER FOR BEGINNERS

Delivery of your ski equipment and cloakroom for your equipment at our ski school and a package with ski pass.



EMOTIONS AT THE TOP



SPECIAL OFF PISTE

3 mornings dedicated to wide open spaces and fresh powder. An experience of absolute liberty and sensations of freedom.

Price €199. 9am - 1pm (all security devices included).

Contact our office to enquire about our prices and conditions to have a helicopter drop.

SPECIAL 3 VALLEES

3 mornings to discover the largest ski area in the world. Our instructors will share their secret spots and you will ride our hidden gems. **Price €199. 9am - 1pm.**

OFF PISTE





PRIVATE LESSONS

Beginner or expert ? Technical improvement, off piste guiding, or just to discover the best slopes around. A private instructor at your disposal for you, your family or friends.

Meeting possible at your hotel.



HANDISKI

Instructors with a special formation in using our adapted sit-ski (2 different types at your disposition).





MINI-RIDERS from 5 years old

First introduction to snowboarding in a 'cool' atmosphere to discover the basics of snowboarding. *Price €60. Tuesday, Wednesday, Thursday from 4pm to 5pm.*

SNOWBOARD

Special trained snowboard instructors, jibs (box, rails), big airbag for an introduction to freestyle.

FREESTYLE

Specialised freestyle instructors. Unlimited access to our airbag. Initiation area (rail and box).

SNOWBOARD & FREESTYLE





FAMILY AND FRIENDS

CONSTRUCTION IGLOO FOR CHILDREN

Who never wanted to build an igloo as a child ?
Every Wednesday evening we welcome all kids
for an adventure to create their own igloo!
Children from 7 to 13 years old. **Price €29.**

ALTITUDE CHALET DINING

After a walk of 30 minutes with a guide you
will be amazed by all the French culinary
aspects. A 'Savoyard' evening with friends
or with your family. **Price €59 adults (wine
included) and €49 children.**

EVENING 'WITH FRIENDS AND FAMILY'

An evening with your family to experience
great holiday moments: activities 'à la carte'
(biathlon, games in the snow for children), a
drink at a place you have never seen before, a
possibility to have dinner together. **Price €25
per person, (family price €80 for 4).**





PARAGLIDING

Try our paragliding to experience amazing views over the Belleville valley, get your sensation of liberty with our qualified instructor, Yann Martial, world champion paragliding 2010. **Price €89.**

PANORAMIC HELICOPTER FLIGHTS

The dream of flying over our beloved white mountains. Touching the sky without any borders. Discover our panoramic helicopter flights over the '3 Vallées'. Flights possible Wednesday, Thursday or Friday permitting weather conditions. **Price €119 for 10 minutes (minimum 2 persons).**

EMOTIONS

SUNSET SKI TOURING

at Chalet de la Marine

You always wanted to explore wide open spaces, the power to get up a hill with skis on and the experience of a descent by nightfall. Every Wednesday evening. **Price €49.**





ProsneigeTM

SINCE 1986

SHOP

SERVICE

- ▶ 15 skimen, 5 high level bootfitters
- ▶ Follow up of your satisfaction during the week
- ▶ Personal follow up and free boot fitting tests
- ▶ High end preparation of skis by our technical experts
- ▶ Easy change of equipment possible during the week

QUALITY SERVICE SIMPLICITY

- ▶ Shops open non-stop 7/7
- ▶ Buy your ski pass in our shop
- ▶ Delivery service to our ski school Prosneige for beginners
- ▶ Sledges for children

SPECIALIST IN BOOTFITTING

Bootfitting is a new trend to eradicate your discomforts in your ski boots.

Our lab, Ski Boots Pro is an open center with skilled technical experts where we put everything in order to adapt your ski boots to your feet. To adjust every detail concerning persisting discomforts with an enormous precision to meet with perfection.

We invest in the training of our team as our technical equipment to measure up to your needs and to find the best solution possible for you.





BECOME A SKI INSTRUCTOR

Prosneige Training is an open center specialized in the physical and technical preparations of the 'test technique', your first step to become a ski instructor and to obtain your 'Diplome d'État de moniteur de ski'. Each year we welcome 20 motivated youngsters with just one dream: to become a ski instructor. Our program is divided into 19 weeks of training, 500 hours of ski over 1200 slalom descents throughout the season. Perfect conditions as we train in 2 stadiums Val Thorens and Les Menuires during the season, 2 dedicated coaches, 1 mental coach.



INCENTIVES & TRAVEL

Is your company in search of greater relationships and shared emotions? A launch of a new product, thanking your employees, a corporate event in an inspirational setting, from teambuilding to conventions up to 200 persons to mark your brand in our beloved mountains. Prosneige will transform your project into a successful stay!



MEDALS



BABY SKI



LITTLE BEAR



BROWN BEAR



WHITE BEAR



1st SKI



2nd SKI



3rd SKI



SKI
BRONZE



SKI
DIAMOND



PRO-RIDER
BRONZE



PRO-RIDER
GOLD



SNOWBOARD
BRONZE



SNOWBOARD
SILVER



SNOWBOARD
GOLD



SNOWBOARD
EXPERT

NOTES



PRICES FOR GROUP LESSONS

		LOW SEASON	MID SEASON	HIGH SEASON	LITTLE BEAR
MORNING	6 mornings	185	196	224	224
	5 mornings	175	186	214	214
AFTERNOON	6 afternoons	152	152	155	155
	5 afternoons	142	142	145	145
FULL DAY	6 days	295	299	324	324
	5 days	255	284	314	314
LUNCH	6 lunches	155	155	155	155

PRICES FOR PRIVATE LESSONS ADULT/CHILDREN

			1 PERS	2 PERS	3 PERS	4 or 5	6 to 10
MORNING	Low season Mid season	1h	59	59	62	68	80
		3h	174	174	181	190	199
	High season	1h	68	68	71	78	92
		3h	192	192	196	214	229
AFTERNOON	Low season Mid season	1h	48	53	58	62	69
		12h	549	562	599	643	712
	High season	1h	51	58	65	71	77
		12h	587	636	687	737	845
FULL DAY	Low season	DAY	382	382	394	406	428
	High season	DAY	418	418	426	447	458

SEASON

LOW SEASON

MID SEASON

HIGH SEASON

Before the 4th of February lessons until 4.30pm and from 5th of February until 5pm.

25/11 to 02/12
16/04 to 01/05

03/12 to 22/12
07/01 to 03/02
04/03 to 31/03

23/12 to 06/01
04/02 to 03/03
01/04 to 15/04

FREE YOURSELF SATURDAY MORNING

Leave your children on Saturday morning so you can prepare yourself to go back home. We guard them with breakfast and games in our kinder garden.

In between 8am and 12am on Saturdays: **Price €20 (Price €50 for 3 children)**



FIND US



MEETING POINT

MEDAL CEREMONY

CHALET LES PLANCHES

Information
& reservation point

PRIVATE LESSON

01 02
BEAR

03
BEAR

04 05 06
CHILDREN LESSON

ENTRANCE
PROSNEIGE
GARDEN

SNOWBOARD
19
18
17
16

11 12 13 14 15
ADULT LESSON

10 9 8 7
CHILDREN LESSON

01 LITTLE BEAR
02 BROWN BEAR
03 WHITE BEAR

04 1ST SKI
05 2ND SKI
06 3RD SKI

07 SKI BRONZE
08 SKI DIAMOND
09 PRO-RIDER BRONZE
10 PRO-RIDER GOLD

11 ADULT BEGINNER
12 ADULT LEVEL 1
13 ADULT LEVEL 2
14 ADULT LEVEL 3
15 ADULT LEVEL 4

16 SNOWBOARD BRONZE
17 SNOWBOARD SILVER
18 SNOWBOARD GOLD
19 SNOWBOARD EXPERT

If you're lost: Phone +33 (0)771-658-204

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SINCE 1990

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Prosneige

PROSNEIGE SHOP TARIFS 2016-2017



Prosneige

		1/2	1	2	3	4	5	6	7	8	9	10	11	12	13	14
		jour	jour	jours	jours	jours	jours	jours	jours	jours	jours	jours	jours	jours	jours	jours
ADULTE																
*****	Pack ski+chaussures	30 €	58 €	115 €	147 €	196 €	227 €	259 €	286 €	315 €	343 €	372 €	401 €	430 €	459 €	474 €
	Ski seul	22 €	39 €	76 €	104 €	152 €	171 €	193 €	215 €	238 €	260 €	282 €	305 €	327 €	350 €	361 €
****	Pack ski/snowboard+chaussures	23 €	43 €	83 €	125 €	167 €	208 €	229 €	252 €	288 €	320 €	352 €	383 €	413 €	443 €	471 €
	Ski/snowboard seul	18 €	32 €	63 €	93 €	125 €	156 €	169 €	189 €	215 €	240 €	264 €	288 €	310 €	332 €	353 €
***	Pack ski/snowboard+chaussures	21 €	39 €	74 €	112 €	150 €	187 €	199 €	226 €	258 €	288 €	316 €	344 €	370 €	397 €	423 €
	Ski/snowboard seul	16 €	29 €	56 €	84 €	112 €	140 €	154 €	170 €	193 €	215 €	237 €	258 €	278 €	298 €	317 €
**	Pack ski/snowboard+chaussures	18 €	32 €	63 €	93 €	124 €	156 €	169 €	188 €	215 €	240 €	263 €	287 €	309 €	331 €	352 €
	Ski/snowboard seul	13 €	25 €	47 €	70 €	93 €	117 €	127 €	141 €	161 €	179 €	197 €	214 €	231 €	248 €	264 €
CHAUSSURES	Chaussures adulte Performance	7 €	12 €	22 €	34 €	45 €	57 €	65 €	72 €	82 €	92 €	103 €	112 €	123 €	134 €	143 €
CASQUE	Casques adulte	4 €	6 €	11 €	16 €	21 €	27 €	30 €	34 €	39 €	44 €	49 €	54 €	58 €	64 €	68 €
ENFANT																
3 - 6 ans BABY	Pack ski+chaussures	6 €	10 €	19 €	29 €	38 €	48 €	49 €	57 €	66 €	73 €	81 €	88 €	94 €	102 €	108 €
	Ski seul	4 €	8 €	14 €	21 €	29 €	36 €	41 €	44 €	50 €	55 €	60 €	66 €	71 €	76 €	81 €
7 - 13 ans JR	pack ski+chaussures	8 €	14 €	28 €	41 €	54 €	68 €	73 €	83 €	94 €	105 €	116 €	125 €	135 €	145 €	154 €
	skis seuls	6 €	11 €	20 €	30 €	41 €	51 €	56 €	62 €	71 €	79 €	86 €	94 €	102 €	108 €	116 €
7 - 13 ans JR COMP	Pack ski/snowboard+chaussures	11 €	21 €	39 €	59 €	79 €	92 €	99 €	119 €	136 €	151 €	167 €	180 €	195 €	209 €	223 €
	Ski/snowboard seul	9 €	15 €	30 €	45 €	59 €	73 €	81 €	89 €	102 €	114 €	124 €	136 €	146 €	157 €	167 €
14-17 ans ADO **	Pack ski/snowboard+chaussures	14 €	24 €	48 €	72 €	96 €	120 €	133 €	151 €	168 €	185 €	202 €	219 €	236 €	253 €	270 €
	Ski/snowboard seul	10 €	18 €	36 €	51 €	66 €	81 €	99 €	115 €	128 €	141 €	154 €	167 €	180 €	193 €	206 €
14-17 ans ADO ***	Pack ski/snowboard+chaussures	15 €	27 €	54 €	79 €	104 €	129 €	149 €	170 €	191 €	212 €	233 €	254 €	275 €	296 €	317 €
	Ski/snowboard seul	11 €	20 €	40 €	58 €	76 €	94 €	112 €	127 €	142 €	157 €	172 €	187 €	202 €	217 €	232 €
CHAUSSURES	Chaussures enfant	3 €	5 €	11 €	16 €	21 €	27 €	30 €	35 €	38 €	42 €	47 €	50 €	54 €	58 €	63 €
CASQUES	Casque enfant	2 €	4 €	8 €	12 €	15 €	19 €	21 €	23 €	27 €	31 €	34 €	37 €	40 €	44 €	47 €
OPTIONS GLISSES																
LUGE		2 €	4 €	7 €	12 €	16 €	19 €	22 €	24 €	29 €	32 €	35 €	39 €	42 €	46 €	50 €
RAQUETTE		4 €	8 €	13 €	18 €	27 €	33 €	37 €	41 €	47 €	53 €	58 €	65 €	71 €	76 €	83 €