To my darling sister

The time has come for me to say goodbye.

I know it will be hard for you to understand why. Please never feel guilty as it was never your fault you are the most important person anyone could ever have.

I don't want to die but I must there is a very big difference

I should never have left the U.S.A as I was so, so happy and have been through much worse than this, that is what makes no sense.

My brain doesn't do what I want it to do and sooner or later you wouldn't have been able to deal with me.

Please never forget me, try and remember that I am happy now although if I'd never have left England in the first place I wouldn't be at this point now.

Knowing that I need help through the rest of my life cannot be right and I can't cope on my own ever

My love for you is so emmence and I know we will be together in heaven some day.

Have a wonderful, wonderful life [Name'], I'm sorry I won't be there with you.

xxx I love you [Name]

I've never loved anyone except you. That's good enough for me.

Thankyou for believing in me and giving me something I know no-one else ever can get through thier lives I did and can now let go

I LOVE YOU XXXX