

[Time]; [Date]

Lord give me strength to get through this day productively. I'd like to get some more sorting and discarding of material things in the store room.

Please help Jeff understand what he did to me. Help him understand how I feel when he gets my letter. Help him understand Why.

It always seems as if I have been forced to turn to you and you alone. I have no friends now and my best friend and confidant is out of my life again. You sure do have a strange way of teaching lessons. But I'll do my best to listen and learn.

Thank you Lord for being here for me.

[Signature]

[Time] [Date]