



Articulated Assessment Transfer Task

Hindi

Lockdown Yoga

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Context

The National PTA REFLECTIONS arts program invites student to submit their completed works of art in one or all of the available arts categories: Dance Choreography, Film production, Literature, Music Composition, Photography, and Visual Arts on the topic- MY LOCKDOWN HEALTH MANTRA IS...

Authentic Materials

<p>YOGA with MODI FLLs Lockdown Yoga Asan and its benefits HLLs Chair Suryanamaskaar HLLs</p>	<p>Yoga for everyone FLLS/HLLs Children Yoga FLLs Children Yoga FLLs Best Yoga practices for students HLLs Best Yoga practices for Children HLLs Yoga for senior citizens HLLs</p>	<p>Yoga for confidence Yoga for kids Benefits of Yoga AYUSH- GOI Yoga Initiative</p>
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