

Chapter 6: Food Resources

Films and TV Series About Food

Title	Date	Topic/Focus
Super Size Me (Film)	2004	Fast food and health, nutrition and diet
King Corn	2007	U.S. corn production, industrial agriculture, food policy, and health impacts.
Food, Inc.	2008	Industrial food production, transparency, food safety, and the modern food system.
PolyCultures: Food Where We Live	2009	Local food systems, sustainability, community-based agriculture.
Dirt! The Movie	2009	Soil health, soil food web, industrialized agriculture
Forks over Knives	2011	Food production and nutrition and health, plant-based diet
A Place at the Table	2012	Food insecurity and hunger in the United States.
Just Eat It: A Food Waste Story	2014	Food waste, grocery stores, farm to table
Fed Up	2014	Health and nutrition, food policy, food Industry
Sustainable	2016	Sustainable farming, soil health, climate change, and rebuilding local food systems.
Cooked (TV Series)	2016	Food and culture, food evolution, food industry
Wasted! The Story of Food Waste	2017	Food waste, food production, food industry
The Biggest Little Farm	2018	Regenerative agriculture, family farming, transitioning degraded land
Rotten (TV series)	2018	Food industry, social and environmental impacts
The Need to Grow	2019	Soil regeneration, food security, innovative agriculture, and sustainability.

Sustenance	2020	Global food sustainability, ethics, and the journey of food from farm to table.
Kiss the Ground	2020	Soil health, climate change, industrial agriculture
Poisoned: The Dirty Truth About Your Food	2023	Food safety, foodborne illness, and regulatory failures in the U.S. food system.
Common Ground	2023	U.S. food policy, industrial agriculture, and the human costs of profit-driven systems.
Feeding Tomorrow	2023	Regenerative agriculture, food as medicine, food system transformation, and future food security.
Rich Appetites	2023	Industrial agriculture, global food justice, and impacts on Africa.
The Kitchenistas	2023	Community health, food education, and transformation through local food traditions.