

Chapter 11

Navigating Personal and Cultural Lenses: Using Generative AI to Support Self-Reflection and Filling Cultural Knowledge Gaps – Jennifer K. Santiago

Tools and Resources

- AI as a Mirror into the Self – an article in Psychology Today which provides information how generative AI can support self-reflection.
<https://www.psychologytoday.com/us/blog/the-digital-self/202409/ai-as-a-mirror-into-the-self>
- Deep Research (2025)– “is OpenAI's agent that can do work for you independently—you give it a prompt, and ChatGPT will find, analyze, and synthesize hundreds of online sources to create a comprehensive report at the level of a research analyst.”
<https://openai.com/index/introducing-deep-research/>
- Digital Promise (2025)– “is a global nonprofit working to expand opportunity for each learner. We work with educators, researchers, technology leaders, and communities to design, investigate, and scale up innovations that empower learners, especially those who’ve been historically and systematically excluded.” <https://digitalpromise.org/>
- Ditch that Textbook (2025)– a blog that provides resources like TedTalks, newsletters, books, and more to help educators develop blended learning effectively.
<https://ditchthattextbook.com/>
- AI For Education (2025) – a website that provides resources and ideas on how to integrate generative AI intentionally and ethically. Resources explore what ethical use of generative AI looks like, sounds like, and feels like. <https://www.aiforeducation.io/>
- Personalized/CustomGPT – purchase a subscription to OpenAI and develop your own CustomGPT which is tailored to your needs and helpful to the specific task of self-reflection and teaching impact.
- WIDA Website (2025) – A website which provides research, white papers, and ideas on how to meet the needs of multilingual learners in the school setting.
<https://wida.wisc.edu/>
- Youtube video on developing your own personalized GPT –
<https://www.youtube.com/watch?v=GLzQxPeYFFI>