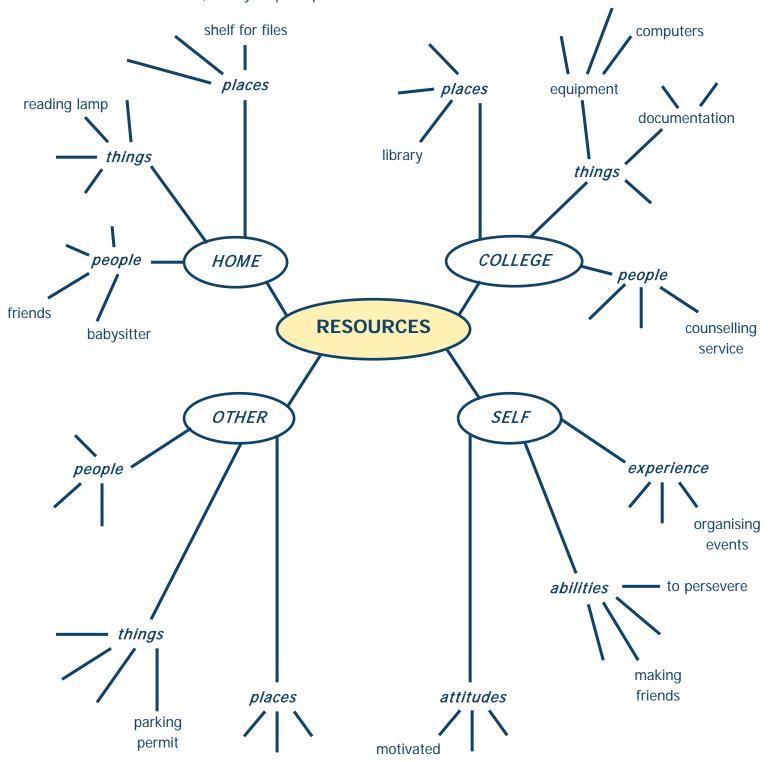


What are my personal resources?

Have you considered all the resources that might be available to you? Try brainstorming (adding in your own ideas) around key words on the pattern notes below. If you feel you have few resources, it may help to speak to a student counsellor.



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