**Preferred average weekly study requirements**

You may wish to spend more, or less, time on some activities than is outlined in the course requirements. Plan out how much time you will spend on each type of activity. This may differ each term or semester, and during breaks. Compare this with the programme requirements and consider the reasons for differences in your own planning. Compare your preferred use of time with your responses for these two activities:

* ***Expected average weekly study requirements***
* ***Actual average weekly study requirements***

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Activity/Time (in hours)** | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** | **11** | **12** | **13** | **14+** |
| **Lectures** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Seminars** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Tutorials** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Practical studio/ field/ clinical/ labs/ work-based/ community-based** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Face-to-face study groups** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Other classes or workshops** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Learning skills relevant to the course** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Preparation for scheduled sessions** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Other employability-related activity** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Directed online activities** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Independent reading/ thinking/ researching** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Generating or using data** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Writing up assignments** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Online tutor contact** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Online study group(s)** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Blog, log or reflective journal** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Other activity:** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Other activity:** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

**See also:** *The Study Skills Handbook*, p. 130.