

Personal weekly timetable							
	MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
24.00-1.00							
1.00-2.00							
2.00-3.00							
3.00-4.00							
4.00-5.00							
5.00-6.00							
6.00-7.00							
7.00-8.00							
8.00-9.00							
9.00-10.00							
10.00-11.00							
11.00-12.00							
12.00-13.00							
13.00-14.00							
14.00-15.00							
15.00-16.00							
16.00-17.00							
17.00-18.00							
18.00-19.00							
19.00-20.00							
20.00-21.00							
21.00-22.00							
22.00-23.00							
23.00-24.00							