

Interview assessment form

Complete this form as soon as possible after your interview (be honest!).

Company/organization:	
Location:	Date:
Name of interviewer/s:	

Was I on time?	Yes / No	Was I confident?	Yes / No
Were my answers clear?	Yes / No	Was I relaxed?	Yes / No
Was I enthusiastic?	Yes / No	Was eye contact good (not staring)?	Yes / No
Did I speak clearly (not gabble)?	Yes / No	Did I waffle?	Yes / No
Was my posture good?	Yes / No	Was I well mannered?	Yes / No
Did I sound coherent?	Yes / No	Did I fidget?	Yes / No

What did I do well?

Tricky questions:

Was my research good enough? If not, why?

Anything I could have done better?

Ideas for the next interview:

Overall:

Did I enjoy the interview?	Yes / No	Did I do my best?	Yes / No
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What happens next?