Chapter nineteen of *The Graduate Career Guidebook* helps you promote your skills at assessment centres and this exercise focuses on producing the goods, under pressure, in group exercises. Look through the various team roles identified in the chapter to find the one that most closely matches your strengths and identify three key ways you will be able to systematically demonstrate them on the day.

Again, the more you know about what you have to offer, the easier it will be to prove.

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Self-assessment: How do you succeed in teams?**List three obvious ways you could demonstrate your team skills to employers in a group exercise.

|  |  |  |
| --- | --- | --- |
| **Your favoured team role** | **Three specific skills you demonstrate in this role** | **Three obvious ways you could show these skills to assessors** |
|  |  |  |
|  |  |
|  |  |

 |

|  |
| --- |
| **Reflecting on your answers:** This is no time for false modesty – be honest about your strengths and make sure your techniques for showing them off are obvious and effective. |