Pause for thought

How confident do you feel about your capability to succeed on your business or management degree? Instinctively rate your self-efficacy for the core skills below:

|  |  |  |
| --- | --- | --- |
| **I feel:** | **Very confident…**  | **…not confident at all** |
|  | **10** | **9** | **8** | **7** | **6** | **5** | **4** | **3** | **2** | **1** |
| Group-working |  |  |  |  |  |  |  |  |  |  |
| Searching for texts |  |  |  |  |  |  |  |  |  |  |
| Academic reading |  |  |  |  |  |  |  |  |  |  |
| Time management |  |  |  |  |  |  |  |  |  |  |
| Academic writing |  |  |  |  |  |  |  |  |  |  |
| Referencing |  |  |  |  |  |  |  |  |  |  |
| Presenting |  |  |  |  |  |  |  |  |  |  |
| Overall |  |  |  |  |  |  |  |  |  |  |

Note some of the main reasons for the various points where you have placed yourself on the self-efficacy scale: