

# Eastern Africa to the sixteenth century

## *Further reading list*

For those wishing to make a detailed study of [Ethiopia](#), a good place to start is:

- G.W. B. Huntingford (and R. Pankhurst (ed)), *The Historical Geography of Ethiopia from the First Century AD to 1704* (OUP, Oxford, 1989)



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For the [decline of Aksum](#), see:

- T. M. Tekle, 'The Horn of Africa', in M. Elfasi (ed) *UNESCO General History of Africa, Volume 3, Africa from the Seventh to the Eleventh Century* (University of California Press, Berkeley, 1988)

The basic texts on [Ethiopian history](#) are:

- H. S. Sergew, *Ancient and Medieval Ethiopian History* (United Printers, Addis Ababa, 1972)
- T. Tadesse, *Church and State in Ethiopia, 1270-1527* (Clarendon Press, Oxford, 1972)
- H. A. Marcus, *A History of Ethiopia* (University of California Press, Berkeley, 1994)
- P. Henze, *Layers of Time: A History of Ethiopia* (Hurst, London, 1999)

For the [Lalibela rock churches](#) of Ethiopia, see:

- G. Gerster (R. Hosking trs), *Churches in Rock: Early Christian Art in Ethiopia* (Phaidon, London, 1970)

For the [Solomonid dynasty](#) and the blossoming of [Ethiopian church and literature](#), see:

- C. Orwin, 'Ethiopia: Solomonid Dynasty, 1270-1550', in K. Shillington (ed), *Encyclopedia of African History* (Fitzroy Dearborn, New York, 2005), Volume 1, pp. 495-7

For the rise of Islam in the [Horn of Africa](#), see:

- T. Tamrat, 'Ethiopia, the Red Sea and the Horn', in R. Oliver (ed) *The Cambridge History of Africa* (CUP, London, 1977)
- T. Tamrat, 'The Horn of Africa: The Solomonids in Ethiopia and the States of the Horn of Africa' in D. T. Niane (ed) *UNESCO General History of Africa*, Volume 4, *Africa from the Twelfth to the Sixteenth Century* (University of California Press, Berkeley, 1984)

The best introduction to the study of the [east African interior](#) remains:

- B. A. Ogot (ed), *Zamani: A Survey of East African History*, 2<sup>nd</sup> edition (East African Publishing House, Nairobi, 1974)

For more recent works, see:

- P. R. Schmidt, *Iron Technology in East Africa: Symbolism, Science and Archaeology* (James Currey, Oxford, 1997)
- D. Schoenbrun, *A Green Place, A Good Place: Agrarian Change, Gender and Social Identity in the Great Lakes Region to the 15<sup>th</sup> century* (Heinemann, Portsmouth NH, 1998)
- J.-P. Chrétien (S. Straus trs), *The Great Lakes of Africa: Two Thousand Years of History* (Zone Books, New York, 2003)

# Later Iron Age states and societies of central and southern Africa to the sixteenth century

## *Further reading list*

For [central Africa](#), see:

- R. Oliver and B. Fagan, *Africa in the Iron Age, c.500BC to 1400AD* (CUP, Cambridge, 1976)
- J. Vansina, *Kingdoms of the Savannah* (University of Wisconsin Press, Madison, 1966)
- T. Q. Reefer, *The rainbow and the kings: a history of the Luba empire to 1891* (UCLA, Berkeley, 1981)
- D. Roberts, *A History of Zambia* (Heinemann, London, 1976)
- J. C. Miller, *Kings and Kinsmen: early Mbundu States in Angola* (Clarendon Press, Oxford, 1976)

For [Zimbabwe historiography](#), (in chronological order) see:

- E. E. Burke, *The Journals of Carl Mauch* (National Archives of Rhodesia, Salisbury, 1969)
- J. T. Bent, *The Ruined Cities of Mashonaland* (Longman Green, London, 1893)
- Wilmot, *Monomotapa. Its monuments and its history from the most ancient time to the present century* (Fisher Unwin, London, 1896)
- R. N. Hall and W. G. Neal, *The Ancient Ruins of Rhodesia* (Methuen, London, 1904)

- R. N. Hall, *Great Zimbabwe* (Methuen, London, 1905)
- D. R. MacIver, *Medieval Rhodesia* (Macmillan, London, 1906)
- G. Caton-Thompson, 1931, *The Zimbabwe Culture: Ruins and Reactions* (Clarendon Press, Oxford, 1931)
- R. Summers, 'Iron Age cultures of Southern Rhodesia', *South African Journal of Science*, No.47 (1950), pp.95-107
- K. R. Robinson, *Khami Ruins* (CUP, Cambridge, 1959)
- R. Summers, *Zimbabwe: A Rhodesian Mystery* (Nelson, Cape Town, 1963)
- P. Garlake, *Great Zimbabwe Described and Explained* (Thames and Hudson, London, 1973)
- D. N. Beach, 'Great Zimbabwe as a Mwari-cult centre', *Rhodesian History*, No 11(1973), pp.11-13
- D. N. Beach, *The Shona of Zimbabwe, 900-1850* (Heinemann, London and Mambo Press, Gweru, 1980)
- T. H. Huffman, *Snakes & Crocodiles: Power and Symbolism in Ancient Zimbabwe* (Witwatersrand UP, Johannesburg, 1996)

For [southern Africa](#), see:

- M. Hall, *Farmers, Kings and Traders in Southern Africa, 200-1860* (David Philip, Cape Town, 1987)
- E. N. Wilmsen, *Land Filled with Flies: A Political Economy of the Kalahari* (University of Chicago Press, Chicago, 1989)

- M. D. D. Newitt, *A History of Mozambique* (Hurst, London, 1995)

For some [original documents](#) on South African history in this period, see:

- C. R. Boxer (ed.), *The Tragic History of the Sea, 1589-1622* (CUP, Cambridge, 1959)
- G. M. Theal, *Records of South-Eastern Africa*, 9 volumes (Government of the Cape Colony, London, 1898-1903)

# Trading towns of the east African coast to the sixteenth century

## *Further reading list*

For extracts from original Arabic and Portuguese [documents](#), some of which are quoted in the main text, see:

- G. P. S. Freeman-Grenville (ed.), *The East African coast: select documents* (OUP, Oxford, 1962)

For the primary [archaeological surveys](#), see:

- N. H. Chittick, *Kilwa: An Islamic trading city on the East African coast*, 2 volumes (British Institute in Eastern Africa, Nairobi, 1974)
- H. N. Chittick, *Manda: Excavations at an island port on the Kenya coast* (British Institute in Eastern Africa, Nairobi, 1984)

For the archaeological work that set out to settle once and for all the [Arab/African debate](#) on Swahili origins, see:

- M. Horton, *Shanga: The archaeology of a Muslim trading community on the coast of East Africa* (British Institute in Eastern Africa, London, 1996)

For other works on this period of [Swahili history](#), see:

- D. Nurse and T. Spear, *The Swahili: Reconstructing the History and Language of an African Society, 800-1500* (University of Pennsylvania Press, Philadelphia, 1985)
- The relevant chapters in: N. Levtzion and R. L. Powells (eds), *The History of Islam in Africa* (Ohio UP, Athens, 2000)
- T. Spear, 'Swahili: Azania to 1498' in K. Shillington (ed), *Encyclopedia of African History* (Fitzroy Dearborn, New York, 2005), Volume 3, pp 1509-14

See also:

- J. Middleton, *The World of the Swahili: An African Mercantile Civilization* (Yale UP, New Haven, 1992)
- M. Horton and John Middleton, *The Swahili: The Social landscape of a Mercantile Society* (Blackwell, Oxford, 2000)