



### Tableau 3

**Consider the following conversational scenario between Jenny and Alan. Note the informal exchange of viewpoints, a sort of mundane talk, showcasing the importance of shared understanding , empathy and social support.**



I am sorry ... you haven't been feeling well. The new structure has been a big change. If you need some time ...

Ah well. I can't figure out how to move forward ...



I fully understand ...





Right now, I feel my job demands are just too much! In fact, I feel like wanting to resist all these changes and drop my team leadership thing altogether. This has been a sudden change for my team.

I can understand that. This has been a big change for all of us.

