Table 3: The differences between self-inspection and self-evaluation system models are clear

Self-inspection	Self-evaluation
Top-down	Bottom-up
A one-off event	Continuous
Provides a snapshot	Offers an evolving picture
Time-consuming	Time-saving
Accountability-focused	Improvement-focused
Based on a rigid framework	Flexible and spontaneous
Uses existing predetermined criteria	Creates relevant criteria
Can detract from teaching and learning	Improves teaching and learning
Avoids risks	Takes risks