Table 17: The feature of shallow and deep approaches to learning can be defined (adapted from Stobart, 2014)

Approach to learning	Defining features
Surface reproducing	What do I need to do to survive?
Intention: to cope with	Treating learning as unrelated bits of knowledge.
learning requirements	Memorising facts and carrying out procedures routinely.
	Finding difficulty in making sense of new ideas. Seeking
	little value or meaning in either learning or tasks set.
	Studying without reflecting on either purpose or strategy.
	Feeling under pressure and worrying about learning.
Strategic reflective	What do I need to do to pass the tests?
organising	Wanting to do well and achieve good grades. Motivated
Intention: to achieve the	and organised. Putting consistent effort into studying.
highest possible grades	Managing time and effort effectively. Finding the right
	conditions and materials for studying. Monitoring the
	effectiveness of ways of studying. Being alert to
	assessment requirements and criteria.
Deep seeking meaning	How can learning help me make better sense of the
Intention: to develop ideas	world?
for yourself	Relating ideas to previous knowledge and experiences.
	Looking for patterns and underlying principles. Checking
	evidence and relating it to conclusions. Examining logic
	and argument cautiously and critically. Becoming actively
	interested in learning content and forming a relationship
	with the learning.