Goals and Actions - Five Year Plan Planning Worksheet

Note: add additional steps as needed.

Be sure you are using the S.M.A.R.T. system: Specific, Measureable, Attainable, Relevant, and Time Based.

5 year WORK AND CAREER		5 year FINANCIAL SATISFACTION		
DEVELOPMENT Goal:		Goal:		
S.M.A.R.T. Actions Steps to Achieve Goal:	Due Date	S.M.A.R.T. Actions Steps to Achieve Goal:	Due Date	
1.		1.		
2.		2.		
3.		3.		
4.		4.		
5.		5.		
6.		6.		
7.		7.		
8.		8.		
5 year SOCIAL/RELATIONSHIP Goal:		5 year LOCATION / RELOCATION Goal:		
	Due Date	S.M.A.R.T. Actions Steps to Achieve Goal:	Due Date	
1.		1.		
2.		2.		
3.		3.		
4.		4.		
5.		5.		
6.		6.		
7.		7.		
8.		8.		
5 year LIFESTYLE Goal:		5 year FAMILY Goal:		
S.M.A.R.T. Actions Steps to Achieve Goal:	Due Date	S.M.A.R.T. Actions Steps to Achieve Goal:	Due Date	
1.		1.		
2.		2.		
3.		3.		
4.		4.		
5.		5.		
6.		6.		
7.		7.		
8.		8.		

5 year HEALTH Goal:	5 year OTHER Goal:		
S.M.A.R.T. Actions Steps to Achieve Goal: Due Date	S.M.A.R.T. Actions Steps to Achieve Goal: D	ue Date	
1.	1.		
2.	2.		
3.	3.		
4.	4.		
5.	5.		
6.	6.		
7.	7.		
8.	8.		
5 year OTHER Goal:	5 year OTHER Goal:		
S.M.A.R.T. Actions Steps to Achieve Goal: Due Date	S.M.A.R.T. Actions Steps to Achieve Goal:	ue Date	
1.	1.		
2.	2.		
3.	3.		
4.	4.		
5.	5.		
6.	6.		
7.	7.		
8.	8.		
5 year OTHER Goal:	5 year OTHER Goal:		
S.M.A.R.T. Actions Steps to Achieve Goal: Due Date	S.M.A.R.T. Actions Steps to Achieve Goal:	ue Date	
1.	1.		
2.	2.		
3.	3.		
4.	4.		
5.	5.		
6.	6.		
7.	7.		
8.	8.		