

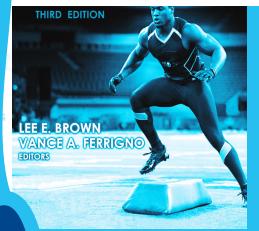
A COMPREHENSIVE DIGITAL COLLECTION TO SUPPORT PHYSICAL TRAINING AND STRENGTH BUILDING

COMPLETE CONDITIONS





HUMAN KINETICS STRENGTH AND CONDITIONING



BLOOMSBURY DIGITAL RESOURCES