**The Cooking Hypothesis**

This ancillary provides video resources about the cooking hypothesis that should enrich student understanding of this topic.

* The Leakey Foundation, Dr. Richard Wrangham, “Survival: The Human Diet” (2017): <https://www.youtube.com/watch?v=UcR6sbYH9GY>
* Tedx, Michael Medler, “How fire and lava may have made us who we are” (2015): <https://www.youtube.com/watch?v=qv6kcj6Uv2Y>
* CARTA, The Human Evolution of Human Nutrition, Dr. Richard Wrangham, “Fire Starch Meat and Honey”: <https://www.youtube.com/watch?v=VnN-QeMgJ_U>
* Suzana Herculano-Houzel, What is so special about the human brain” (2013): <https://www.ted.com/talks/suzana_herculano_houzel_what_is_so_special_about_the_human_brain?language=en>

Students may take notes during any one or all of these videos.

Moderate a class discussion of the video contents. Some tips for hosting class discussions are:

* Yale, Poorvu Center: <https://poorvucenter.yale.edu/EffectiveClassDiscussions>
* Duke University: <https://learninginnovation.duke.edu/resources/art-and-science-of-teaching/leading-effective-class-discussions/>
* *The Chronicle*: <https://www.chronicle.com/article/how-to-hold-a-better-class-discussion/>
* Edutopia: <https://www.edutopia.org/blog/make-class-discussions-more-exciting-richard-curwin>