**Fixed Action Patterns**

This exercise explores student familiarity and examples of fixed action patterns (FAPs).

* If students want or need additional review of the concept, the following video describes FAPs: <https://www.youtube.com/watch?v=cJ9oujmuVd0>
* After priming students with the video or a conversation, ask them to share stories of FAPs they have observed in their pets. Dog Psychology 101 explores some common FAPs in dogs: <https://www.youtube.com/watch?v=yfo2eVHseNA>
  + Have students seen these actions in their pets?
  + What FAPs appear in birds or other pets?
  + How do the examples students share illustrate the qualities of an FAP?

**Related references:**

Jenkins, H. M., Barrera, F. J., Ireland, C., & Woodside, B. (1978). Signal-centered action patterns of dogs in appetitive classical conditioning. *Learning and Motivation*, *9*(3), 272-296.