**Resources to introduce biopsychology: (beginning of chapter)**

These online resources are useful to introduce the topic of biopsychology and improve accessibility of the material.

* David Anderson Ted talk: Your brain is more than a bag of chemicals <https://www.ted.com/talks/david_anderson_your_brain_is_more_than_a_bag_of_chemicals?language=en>
* Hidden Brain podcast: The hungry hungry hippocampus episode <https://www.npr.org/2019/11/11/778266536/hungry-hungry-hippocampus-the-psychology-of-how-we-eat>
* Brain basics: Know your brain article from the National Institutes of Health <https://www.ninds.nih.gov/Disorders/Patient-Caregiver-Education/Know-Your-Brain>