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| **C&L** | **Where and when?**  | **PD** | **Where and when?** | **PSED** | **Where and when?** |
| Listening |  | Developing control |  | Developing confidence |  |
| Responding |  | Developing co-ordination |  | Exploring and finding out |  |
| Questioning |  | Developing movement skills |  | Developing self-help skills |  |
| Commenting |  | Handling tools |  | Developing independence  |  |
| Following instructions |  | Handling equipment |  | Expressing feelings, opinions and ideas |  |
| Answering questions |  | Handling writing tools |  | Taking turns; sharing and getting along with others |  |
| Expressing themselves |  | Understanding why we exercise |  | Learning to adapt behaviour and negotiate with others |  |
| Talking about events |  | Knowing ways to keep safe |  | Understanding that different people make choices of their own |  |
| Developing narratives |  | Knowing ways to keep healthy |  | Adjusting behaviour in different situations |  |
| Explaining |  |  |  | Forming positive relationships |  |