# Supporting pupils’ ability to cope within the school environment

Typically, we expect to children to sit on the floor for group time and often for assembly. We expect them to sit on classroom chairs that are hard and not always the appropriate height for the child or the table. For some children, sitting this way is uncomfortable and leads to rejection, wriggling and wandering. There are resources available to address these issues and they are worth considering. Check out:

* wedge cushions
* wobble cushions
* disco seat cushion
* wiggle cushions
* bouncy bands.

The National Autism Resources website and the Sensory Direct website may help you find resources suitable for your children.

<https://www.nationalautismresources.com/>

https://www.sensorydirect.com/