**Cross-cultural Comparisons**

1. In Australia, many tots are raised on vegemite and, therefore, many Australians readily accept vegemite.   
   You can introduce the topic with the following videos:

* Kids try vegemite: <https://www.youtube.com/watch?v=guE9zfwpCwY>
* Kids vs. Vegemite: <https://www.youtube.com/watch?v=igeUz4cjB5w>
* The story of Vegemite: <https://www.youtube.com/watch?v=6nJm6GFgLzY>

Questions to follow videos:

* According to the textbook, how would you expect children to respond to Vegemite?
* Why do children in Australia eat Vegemite? (Use concepts from the textbook.)
* How do children respond to Vegemite when they eat it for the first time?

1. Now explore other sour and bitter flavors that appear in various cultures and how their acceptance develops.

* What sour and bitter flavors are a regular part of your cultures?
* Are teas, coffees, or bitter beers a staple? When do kids begin trying and accepting them?
* Which cultures regularly consume bitter cheeses or dark greens as a portion of a meal?  
  When do children begin consuming these?
* Are sour treats or drinks something common in your culture? When do children begin consuming them?

1. Taste tests:   
   If instructors are capable, first-hand taste tests can be conducted with students by bringing some food supplies to class. Direct comparisons among sour or bitter substances from different cultures can be conducted.