



## **GROUP ICE BREAKER**

What is a guilty pleasure of yours when you have free time?

## **REVIEW LAST WEEK'S NEXT STEPS**

What, if any, next step did you commit to last week, how did it go?

- I will make it a goal to grow in love in 2020.
- I will love like Jesus loved.
- I will take an assessment to learn my love language.
- I will learn to give love the way those close to me like to receive it.
- I will reflect on Proverbs 25:11.
- I will pick someone to compliment each day this week.
- I will practice using humble words this week.
- I will go out and speak words of love this week.

## **THIS WEEK'S SERMON RECAP**

Quality time is letting someone know that you love them by spending time with them, and not just time, but quality time. Gary Chapman writes, “by quality time, I mean giving someone your undivided presence, your whole self, your attention.” There are three simple lessons that can be drawn from Jesus and his friends. Putting these into practice could radically change how you spend time with your loved ones. The first lesson is that love makes my top relationships my top priority. Love understands that time is a really important thing, if you want to know where someone’s heart goes, just look at where their time goes. The second lesson is to find activities to enjoy together with people I love most. Jesus spent time with his disciples through walking with them, eating with them, praying, etc. Our life is a series of experiences, and intimacy is a shared experience, so spend time doing activities with the people that you love. The third lesson is love learns to pay attention. Love sees, hears, and cares. A very striking dimension of Jesus’ capacity to love was his ability to be present with people, Jesus was constantly aware of how his disciples were doing. The best use of this day is love, and the best day to love is today because it’s all we have, and it goes by fast.

## **DISCUSSION QUESTIONS**

1. Read 1 Corinthians 13 together as a group. What stands out to you in this chapter and why?
2. What are the differences between falling in love and growing in love?
3. Read Ephesians 5:1-2. What does “walking in the way of love” look like? How do we see it in the life of Christ?



# LOVE WITH TIME

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# LOVE

## DISCUSSION QUESTIONS (CONT)

4. Read 1 Corinthians 13:1-3 again. How does the encouragement written here produce a community of extraordinarily loving people?
5. Is quality time a love language of yours? If so, share with the group what that gift does for you and why it's meaningful.
6. Discuss the challenges of just being "present" with someone. What is it that competes for attention?
7. Does knowing too much about someone decrease the power of quality time? Why or why not?
8. Talk about intimacy as a shared experience. What does that mean?
9. If you knew you had a limited amount of time left, would it change how you love your top relationships? How? What keeps you from making those changes now?

## NEXT STEPS FOR THIS WEEK (COMMIT TO GROW)

- I will make my top relationships my top priority.
- I will ask those closest to me, "Are you getting enough of my time?"
- I will find activities to enjoy together with people I love the most.
- I will have conversations this week about how I'm doing at loving.
- I will become a student of the people around me to grow in love.

## SCRIPTURE REFERENCES

- Song of Solomon 4:1-7
- Genesis 29:20
- Ephesians 5:1-2
- Galatians 5:14
- 1 Corinthians 13:1-3
- Mark 3:14
- John 13:34-35
- James 1:19
- Psalm 90