

GROUP ICE BREAKER

What is your favorite place to eat and why?

REVIEW LAST WEEK'S NEXT STEPS

What, if any, next step did you commit to last week, how did it go?

- I will make this request of Jesus starting today, "Lord, teach me to pray."
- I will pray for more of heaven to restore more of the earth.
- I will pray for more of God's will to take over more of my life as a follower of Jesus.
- I will be God's messenger taking the good news of his kingdom into my corner of the world.

MESSAGE SUMMARY

A pattern throughout the Bible that comes alive is God supplying daily bread in a physical form. When the Israelites were heading to the Promised Land, they complained of having nothing to eat. God hears, and moves from hearing to responding. He provided so much that he told them to only collect what they needed. God supplied an abundance. Perhaps God has in seasons of your life delivered and overflowed with incredible blessings that satiates and satisfies your physical needs.

Or you have been through seasons, or are in a current season, in which your physical needs are not being met. The story of Ruth is a story of God providing just enough. Through the chapters of Ruth we see God guide and direct her to deliverance that comes in small doses. Daily bread can be overflowing, but it can also be just enough.

Jesus often talked about how he was the bread of life. He once took a meal from a boy and multiplied it, feeding a crowd in abundance. He then teaches them, saying, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." Jesus demonstrates and says that he will supply for your physical but he will also supply for your spiritual.

This prayer that Jesus teaches is one that prompts you to bring your deep and important physical needs to God. But it should also prompt you to include what your heart and soul long for as you journey with him. As a community, let's see how God interacts in our lives as we seriously and actively engage in the prayer for our daily bread.

DISCUSSION QUESTIONS

- 1. What types of things do you typically pray about?
- 2. What keeps most people from praying on a regular basis? What are some specific ways we can overcome those challenges?
- 3. Read Psalm 23:1 and Matthew 6:11. How would you describe the differences between wants and needs? What does it say about God that he wants you to ask for daily needs?
- 4. Do you find it easy or difficult to trust God for your needs? Why?
- 5. Read Matthew 6:25-34. What are some of the ways God has provided for you? How should remembering what he has done impact how you pray today?
- 6. Read John 6:34-40. What's the significance of Jesus claiming to be the bread of life? How does this apply to praying for your "daily bread?"
- 7. What is one physical or spiritual need you can give to God in daily prayer this week?

NEXT STEPS FOR THIS WEEK (COMMIT TO GROW)

Use these as a guide to take your next step and commit to what you learned this week:

- I will make this request of Jesus starting today, "Lord, teach me to pray."
- I will gratefully acknowledge how God has met my daily needs.
- I will bring to God my physical and spiritual needs in prayer.

SCRIPTURE REFERENCES

- Matthew 6:9-13
- Exodus 16:1-4, 13-14, 31
- **Ruth 2:1-3**, 7-9
- John 6:1-5, 27-35, 48-51

SUPPLEMENTAL RESOURCES

A Deeper Look At the Sermon on the Mount: Living Out the Way of Jesus, John Stott

PRAYER REQUESTS

Take time to share how you can be praying for each other over the next week:

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