



10 Commandments of Work

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GROUP ICE BREAKER

If you could build your dream house where would you build it and what would it look like?

REVIEW LAST WEEK'S NEXT STEPS

What, if any, next step did you commit to last week, how did it go?

- I will seek to understand Jesus and his way of life.
- I will seek to do what Jesus says above everything else.
- I will build my life on obedience to Jesus.
- I am making a decision to be a disciple of Jesus.

MESSAGE SUMMARY

Join us this week as we begin our series called Happy Monday. Your work is incredibly important to your life.; you define yourself in part by the job you do, you fantasize about what job is next, and you engage with or avoid people based on their jobs. Work defines us. What's more than that is that your work is incredibly important to God. Work is kingdom ordained and kingdom oriented, meaning that our work carries purpose not only for us but as we grow and engage with God. Yet our work can be challenging, leading us to resentment, joylessness, and burnout. So, what do we do with the problem and the potential for work?

This week we are diving into a series that helps us to uncover how our work life and our God life come into one. We will be exploring how we can find joy, purpose, and happiness in our work lives. By exploring the 10 Commandments for work, we will reshape our approach and understanding of the jobs we do. Join us as we learn how to find joy in our work.

DISCUSSION QUESTIONS

1. Our first commandment from this series is, **thou shall thank God it's Monday**. The idea is that the God we know start's the story with creation, God started with Monday. In the same way we can see our work as an expenditure of energy for the creation of something of value. What does it look like to think of your work as having kingdom value?
2. The second commandment is **thou shall crush it as if they work for the Lord**. How does reframing word as an act of worship change the way you approach whatever work you do?
3. Commandment three is **thou shall remember that His yoke is easy**. How does partnering with God and finding peace and rest with him help in your work life?
4. The next commandment is **thou shall not be defensive**. Matt noted that followers of Jesus ought to be the most coachable people in corporate world. Why is it difficult to not be defensive in work? How does centering our identity in Jesus help ease some of the pain that comes with difficult work situations?
5. Commandment five is **thou shall not compare thy career advancement with others**. Comparison is so easy, we are taught to be competitive and to dominate above all else. How does comparison manifest in your job? How does comparison affect you?
6. **Thou shall expect problems** is commandment number six! How do you handle problems? What does your style reveal about you and your understanding of how God works in your life?
7. Commandment number seven is **thou shall embrace thy real workplace**. At times we forget that where we work can be a center of spiritual formation. How does reframing your workplace as a place to labour for the Lord help in your spiritual formation?
8. The next commandment is **thou shall expand thy network**. How does hospitality and networking intertwine in your life? Why do you think expanding your network is in Matt's commandments for work?
9. Commandment nine is **thou shall remember those who cannot find work**. How does thinking about those without work impact your walk with God? What does it mean to meditate and serve those who are without work?
10. The final commandment is **thou shall not retire!** We love to think about retirement, in fact it often dominates our work life. What does it mean to you to not retire? Where can God use your talents and gifts today?

NEXT STEPS FOR THIS WEEK (COMMIT TO GROW)

Use these as a guide to take your next step and commit to what you learned this week:

- I will thank God it's Monday at the start of my workweek.
- I will do my work with all my heart, as if I'm doing it for Jesus.
- I will do my work with the awareness that Jesus is with me.
- I will be humble and learn the truth about myself at work.
- I will not compare my career advancement with others.
- I will expect work to be challenging, where there are problems and difficulty.
- I will do my job as Jesus would do my job.
- I will give myself fully to my work.
- I will view my work as a place where spiritual formation happens.
- I will expand my network by asking the question, "How can I help?"
- I will remember those who cannot find work.
- I will join the work of God in my community, regardless of my age or place of life.

SCRIPTURE REFERENCES

- Genesis 2:2
- Colossians 3:23
- Genesis 2:15
- Matthew 11:28-30
- Proverbs 13:10
- Proverbs 14:30
- Luke 9:62
- Matthew 6:34
- Ecclesiastes 9:10
- 1 Corinthians 15:58
- Ecclesiastes 4:9
- John 5:17

PRAYER REQUESTS

Take time to share how you can be praying for each other over the next week:

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