

## **GROUP ICE BREAKER**

What is the best thing you have said 'yes' to?

# **REVIEW LAST WEEK'S NEXT STEPS**

What, if any, next step did you commit to last week, how did it go?

- □ I will do without something this week to learn I am not what I have.
- I will fast from food to learn I do not have to be captive to my appetites.
- I will fast from shopping to learn not to gratify my appetite for more.
- I will fast from electronics and turn my mind and body toward God instead.
- I will regularly carve out a period of time when I am not working and just being.
- □ I will say no to the insanity of a frenzied world around me.
- □ I will practice living life without human approval.
- I will let someone be disappointed in me and be okay with that.

## THIS WEEK'S SERMON RECAP



## **DISCUSSION QUESTIONS**

1. At the beginning of the sermon Matt said that 'we live in this strange world where there's pressure to say 'yes.' Do you feel this pressure? How does the pressure to say 'yes' actualise in your life?

2. When do you love to say yes? When is it a challenge to say yes?

3. Read Colossians 3:1-3 and then 2 Corinthians 1:18-20. How do these verses reframe the way you understand saying yes?

4. During the sermon Matt said that "God has a yes in His heart for you." What do you think of that statement? What does it teach you about God to know that He has a yes for you?

5. What is something God is prompting or has prompted you to say yes to that you have avoided?



#### **DISCUSSION QUESTIONS**

6. Matt encourages us to find one way to say yes to God this week by highlighting five opportunities to say yes. The first is to say yes to goodwill. This yes is a yes to building someone up with a positive word or action. What does saying yes to goodwill look like for you this week?

7. The second yes is a yes to acknowledging people. What does a yes to acknowledging people look like for you this week?

8. Another yes is a yes to making way. Read Philippians 2:3-4 to better understand this yes. Why is this yes so challenging?

9 The fourth yes is a yes to assisting. Who can you serve this week?

10. The final yes is a yes to joy. What roadblocks do you have for joy? What does it look like to really say yes to joy for you this week?

# **Simple Words: Yes**

Matt VanCleave October 9, 2022

# **NEXT STEPS FOR THIS WEEK (COMMIT TO GROW)**

- I will read through the promises of God and claim them in my own life.
- I will be God's yes to the people in my life this week.
- I will say yes to people with my words, eyes and body language.
- I will include people this week, making way for them.
- □ I will serve this week as if I'm serving the Lord.
- I will give myself fully to the work of the Lord.
- I will live with joy this week because every one of God's promises is yes.

#### **SCRIPTURE REFERENCES**

- 2 Corinthians 1:18-20
- 1 Thessalonians 5:11
- Romans 16:16
- Philippians 2:3-4
- 1 Corinthians 15:58
- 2 Samuel 6:16
- 2 Samuel 6:21-22
- Revelation 22:20-21

# **PRAYER REQUESTS**