



Simple Words: Yes

Matt VanCleave

October 9, 2022

GROUP ICE BREAKER

What is the best thing you have said 'yes' to?

REVIEW LAST WEEK'S NEXT STEPS

What, if any, next step did you commit to last week, how did it go?

- I will do without something this week to learn I am not what I have.
- I will fast from food to learn I do not have to be captive to my appetites.
- I will fast from shopping to learn not to gratify my appetite for more.
- I will fast from electronics and turn my mind and body toward God instead.
- I will regularly carve out a period of time when I am not working and just being.
- I will say no to the insanity of a frenzied world around me.
- I will practice living life without human approval.
- I will let someone be disappointed in me and be okay with that.

THIS WEEK'S SERMON RECAP



Simple Words: Yes

Matt VanCleave
October 9, 2022

DISCUSSION QUESTIONS

1. At the beginning of the sermon Matt said that ‘we live in this strange world where there’s pressure to say ‘yes.’ Do you feel this pressure? How does the pressure to say ‘yes’ actualise in your life?
2. When do you love to say yes? When is it a challenge to say yes?
3. Read Colossians 3:1-3 and then 2 Corinthians 1:18-20. How do these verses reframe the way you understand saying yes?
4. During the sermon Matt said that “God has a yes in His heart for you.” What do you think of that statement? What does it teach you about God to know that He has a yes for you?
5. What is something God is prompting or has prompted you to say yes to that you have avoided?



Simple Words: Yes

Matt VanCleave
October 9, 2022

DISCUSSION QUESTIONS

6. Matt encourages us to find one way to say yes to God this week by highlighting five opportunities to say yes. The first is to say yes to goodwill. This yes is a yes to building someone up with a positive word or action. What does saying yes to goodwill look like for you this week?

7. The second yes is a yes to acknowledging people. What does a yes to acknowledging people look like for you this week?

8. Another yes is a yes to making way. Read Philippians 2:3-4 to better understand this yes. Why is this yes so challenging?

9 The fourth yes is a yes to assisting. Who can you serve this week?

10. The final yes is a yes to joy. What roadblocks do you have for joy? What does it look like to really say yes to joy for you this week?

