







9. What does it look like to examine your life for areas of conviction and worldly sorrow this week?

10. How can your community help you as you explore the Spirit this week?

## **NEXT STEPS FOR THIS WEEK (COMMIT TO GROW)**

- I will stop carrying burdens that are weighing me down.
- I will examine my life to determine what burdens I'm carrying.
- I will choose Godly sorrow that leads to repentance, life and joy.
- I will come to Jesus and lay my burden down.

## **SCRIPTURE REFERENCES**

- John 16:7-11
- 2 Corinthians 7:8-13
- Matthew 27:3-5
- Matthew 26:73-75
- Matthew 23:4
- Matthew 11:28

## **Prayer Request(s)**

---

---