

The Filtering Work of the Spirit

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REVIEW LAST WEEK'S NEXT STEPS

What, if any, next step did you commit to last week, how did it go?

- I will examine my life to determine what burdens I'm carrying.
- I will stop carrying burdens that are weighing me down.
- I will choose Godly sorrow that leads to repentance, life and joy.
- I will come to Jesus and lay my burden down.

THIS WEEK'S SERMON RECAP

A filter's job is to let the right stuff through while trapping impurities or contaminants that might do damage. We filter out contaminants from the air we breathe, the sun we expose our skin to, or the water we drink. But I want to suggest that these areas are trivial compared to the one area that needs filtering the most — your mind. One of the great illusions about spiritual growth is that I can form a Christ-like character but expose my mind to whatever junk comes along.

No, you can't. The human mind is shaped by what it's consistently exposed to. And the Holy Spirit is at work to filter out false truths that can do damage to our minds. Join us this week as we study the work the Holy Spirit wants to do in your mind.

DISCUSSION QUESTIONS

1. In what ways do you currently filter things in your life?

2. In the sermon, the question, "what's leading me towards God and his kind life, and what's leading me the other way?" is posed. With this in mind, how can you better lead towards God and his kind life?

7. How can you intentionally filter or limit what you are exposing your mind to right now going forward?

NEXT STEPS FOR THIS WEEK (COMMIT TO GROW)

- I will be open and prayerful, listening to the Spirit throughout each day.
- I will allow the Holy Spirit to filter out toxic messages from the media.
- I will be aware of the effect people around me have on me.
- I will allow the Holy Spirit to enlighten me about an area of life I need to change.
- I will limit my exposure to damaging aspects of the media.
- I will fast from certain media to realize the effects it has on me.
- I will immerse myself in one great book by a Christian author.
- I will memorize Scripture as a way to shape my mind by God's Word.

SCRIPTURE REFERENCES

- 1 Corinthians 2:6-16
- Philippians 2:5
- 1 John 2:26-27
- 1 Corinthians 2:15
- John 16:13
- Ephesians 1:17
- Job 31:1

Prayer Request(s)
