Dear Lamaze Certified Childbirth Educator:

Congratulations on your LCCE status! Your certification card is available for print below. The certification card contains your certification number and next recertification date.

When you are due to recertify, don't wait until the deadline! You can begin the process at the beginning of your expiration year and the system will help you track your hours to make your recertification application quick and easy!

Again, congratulations on your achievement! We appreciate your commitment to promoting safe and healthy birth outcomes. Please visit our website, email certification@lamaze.org or call the Administrative Office at 202-367-1128 for more information on recertification, continuing education opportunities, and other valuable information for you as an LCCE.

Best Wishes,

Elizabeth M. Armstrong, PhD, MPA
Certification Council Governing Body Chair

LAMAZE INTERNATIONAL, INC.

CERTIFIED

Dominique Jones

has completed all of the requirements for certification as a
Lamaze Certified Childbirth Educator

Certificate Number: **21142** Certified Through: **12/31/2027**

Signature: _____

Approved By:

Lamaze International

The mission of Lamaze International is to advance safe and healthy pregnancy, birth and early parenting through evidence-based education and advocacy.

1. Let labor begin on its own
2. Walk, move around and change positions throughout labor
3. Bring a loved one, friend or doula for continuous support
4. Avoid interventions that are not medically necessary
5. Avoid giving birth on your back and follow your body's urges to push
6. Keep mother and baby together - it's best for mother, baby & breastfeeding