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International Board of Lactation Consultant Examiners®
IBCLC Commission

This is to certify that

Elizabeth Harper

has met the IBCLC® programme requirements and is thus awarded the right to use the title

International Board Certified Lactation Consultant®
IBCLC®

Date of Certification: 2026-07-01
Certified Until: 2031-12-31
Certification Number: L-322421

Janvier Rwamwejo, MD, MSPH, IBCLC, IBCLC Commission Chair

Sara Blair Lake, JD, CAE, Chief Executive Officer

Property of the IBCLC Commission





International Board of Lactation Consultant Examiners® (IBLCE®)

International Board Certified Lactation Consultant® (IBCLC®)

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Elizabeth Harper

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International Board Certified Lactation Consultants (IBCLCs) are important members of the maternal-child health team specialising in breastfeeding care.

IBCLCs have diverse backgrounds and work in a variety of settings, but all have met rigorous eligibility requirements and passed an examin that assesses knowledge in breastfeeding management. Working together with families, policymakers, and the community, IBCLCs provide expert breastfeeding and lactation care and advance global public health.

Learn more at the IBCLC Commission website.

ISSUED ON	EXPIRES ON
July 1, 2026	December 31, 2031

Earning Criteria

REQUIRED

Knowledge

Lactation Specific Education
90 Hours of Lactation Specific Education, including 2 hours focused on the WHO Code, as well as 5 Hours of Education Focused on Communication Skills

Knowledge

Health Sciences Education
Complete 14 health science subjects or be educated in a recognised health profession

Experience

Lactation Specific Clinical Practice
Select one of three Pathways to obtain lactation specific clinical hours

- Pathway 1: Recognised Health Professionals and Recognised Breastfeeding Support Counsellors
- Pathway 2: Accredited Lactation Academic Programmes
- Pathway 3: Mentorship with an IBCLC

Other

Commitment to the *Code of Professional Conduct for IBCLCs*

Exam

IBCLC Examination
The IBCLC examination tests the application of knowledge in the disciplines listed on the IBCLC Detailed Content Outline.

Other

Recertification
IBCLC recertification reassures the public that we serve that IBCLCs remain the most trusted source for lactation and breastfeeding care. *All* recertifying IBCLCs must meet three requirements during each five-year recertification cycle:

Requirement 1: Education

- Basic Life Support Education
- Two (2) Hours of WHO Code Education

Requirement 2: Lactation Consulting Practice Hours

- Minimum of 250 hours of practice in Lactation Consulting

Requirement 3: Select & Complete One Recertification Method

- Option 1: Recertification by Continuing Education Recognition Points (CERPs) with Continuing Education Self-Assessment (CE Self-Assessment)
- Option 2: Recertification by Examination

Credential Verification

This credential is from a **verified issuer**

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More about the Issuer

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