Rancho Santiago Community College District
SANTIAGO CANYON COLLEGE
DIVISION OF CONTINUING EDUCATION

Certificate of Completion

in

Lactation Educator Specialist

This is to certify that

Regina Johnson

has successfully completed the Lactation Educator Specialist Program, as outlined in the competencies detailed on the reverse side of this certificate. This course is the initial segment of a two-course series, aligning with the rigorous standards set by the Lactation Education Accreditation & Approval Committee (LEAARC). Meeting the 45-hour requirements for Lactation-Specific Education specified by IBLCE, this certificate attests to the recipient's proficiency and readiness to operate within the professional standards and scope of a 45-hour lactation competency.

VMED 100, Lactation Educator Specialist I (24hrs) *VMED 101, Lactation Educator Specialist II (24hrs)*

Christine Gasson
Administrator

May 19, 2025
Date

129900 Health Professionals & Related Science
Top Code Area

Career Education
Program Discipline

VALIDATION OF COMPETENCIES

The course instructor has certified that this student is proficient in the competencies listed below.

Public Health Perspective:
Understands infant feeding as a crucial public health intervention.

Breastfeeding Advocacy:
Communicates the benefits of breastfeeding and follows recommended feeding practices.

Newborn Nutrition:
Demonstrates proficiency in feeding healthy term newborns, especially in the first 100 hours.

Formula Awareness:
Identifies risks and medical indications for formula use while understanding its potential drawbacks.

Latch and Positioning:
Masters effective positioning and latch techniques for successful breastfeeding.

Overcoming Barriers:
Identifies and addresses common obstacles to exclusive breastfeeding.

Infant Intake Assessment:
Accurately assesses infant intake and implements paced bottle feeding when necessary.

Skin-to-Skin Care:
Proficiently implements Kangaroo Mother Care for skin-to-skin contact.

Critical Skills Mastery:
Demonstrates proficiency in reverse pressure softening and hand expression.

Communication Skills:
Displays effective communication and counseling skills during the newborn period.

Building Rapport:
Establishes positive relationships with parents to enhance support and understanding.

Breast Anatomy & Physiology:
Understands the anatomy and physiology of the human breast.

Human Milk Composition:
Recognizes the composition of human milk and its importance in infant nutrition.

Maternal Nutrition Awareness:
Understands the significance of maternal nutrition in the context of infant feeding.

Infant Oral Anatomy:
Displays knowledge of infant oral anatomy and the ability to support breastfeeding.

Early Challenges Management:
Effectively manages common early challenges and breast/nipple problems.

Contraindications Awareness:
Identifies and understands contraindications to breastfeeding.

Substance Impact:
Recognizes the impact of medications, tobacco, and drug use on breastfeeding.

Immunology & Growth Patterns:
Demonstrates understanding of immunology, allergies, and normal growth patterns.

Educational Practices:
Applies principles of adult education and effectively teaches breastfeeding techniques, including prenatal classes.

Tamika Simpson, PsyD, IBCLC
Lactation Training Program Instructor

5/19/2025
Date