

FOOTBALL TENNIS

Football tennis is a great game to help players develop their ball control and volleys. Find a second player and create two areas opposite each other and define the middle with a net or two objects.

1

Two players pass the ball to each other over the net, allowing one bounce inside the other player's area.

2

To score a point, the ball must bounce outside the area or not make it back over the net.

3

Other rules can be added around how many touches or bounces the players are allowed.



You're a
Pro!

Stick your badge
here when you have
mastered the game!