UPINFO PACKET

WINTER ID CAMP 2020: Saturday January 18th

SCHEDULE

➢ 9:00am − 9.30am Registration UCF Soccer Complex Entrance > 9.30am – 9.45am Introduction ▶ 9.45am – 11.25am **Training Session** ➤ 11.30am – 12.15pm Lunch ➤ 12.15pm - 1.00pm Presentation + Q & A➤ 1.10pm – 1.30pm Game Warm-up ➤ 1.35pm – 2.05pm Match 1 ➢ 2.15pm – 2.45pm Match 2 > 3.00pm – 3.30pm Match 3 ➤ 3.45pm Closing remarks *Subject to Change



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@ucf.msoccer



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Welcome

Thank you again for registering for the 2020 Winter ID Camp at UCF! Our ambition is to expose campers to an elite soccer environment and provide an insight into the experience of a UCF soccer player.

Drop off: Check-in Time & Location 8.30am – 9.15am Front Entrance of **UCF Soccer Complex** 4275 E Plaza Dr, Orlando, FL 32816

Pick up: Time & Location 3.45pm Front Entrance of UCF Soccer Complex

4275 E Plaza Dr, Orlando, FL 32816

Parking: Baseball parking lot (grass patch), Adjacent to the UCF Soccer Practice Field on the map - Page 3. **Free Parking**

Overflow parking - Garage F 4403 Knights Victory Way, Orlando, Fl 32816

Pleas Bring:

- Cleats
- Shin pads
- Soccer Ball
- Sunscreen
- Flat shoes
- Slides
- Water Bottle

Lunch

Provided after the training session at Garvey Nutrition Center on Campus. Included in camp fees.

Athletic Trainer

A certified athletic trainer will be on site during both sessions, as well as 30 minutes prior to each session.

Weather

The UCF Campus is equipped with a Lightening Prediction System called Thor Guard. The system, when lighting is predicted, activates a series of horns and strobe lights to warn those working outside to seek shelter immediately. If the system is activated, we will follow proper protocol and will resume activity once the system is cleared. In the event of RAIN, camp will go on as scheduled UNLESS the fields are deemed unplayable and/or unsafe.

Nearby Shopping and Dining

Restaurants in Knights Plaza (walking distance from Soccer Facilities) **+** BurgerU **+** Jimmy Johns **+** Dunkin Donuts

Subway
Gringos Locos
Dominos

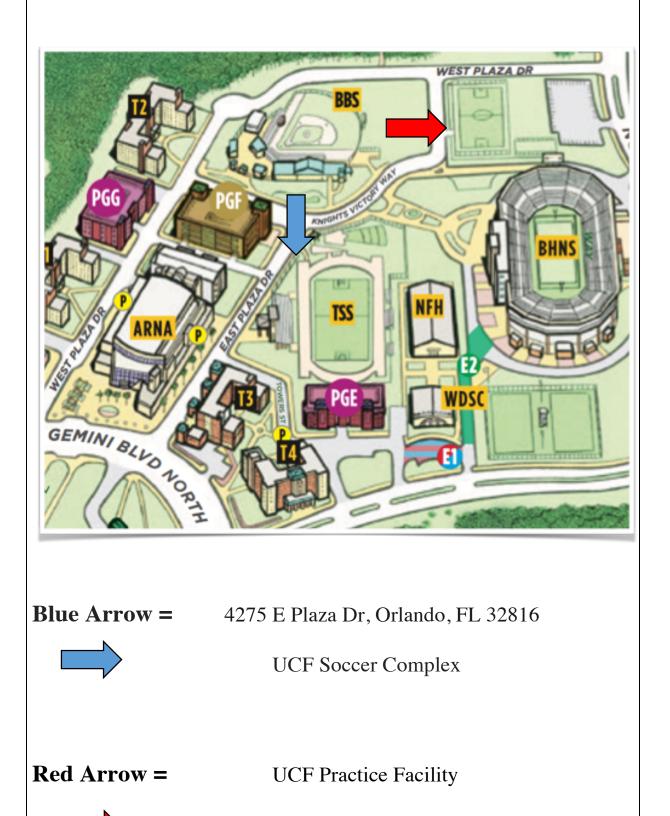
University Commons (1.1 miles from UCF Soccer Complex) Click on the link for directions and dining options! <u>https://ucf.campusdish.com/LocationsAndMenus</u>

University Blvd (1.5 miles from UCF Soccer Complex) + Turn right on Gemini Blvd + Turn Left on Alafaya Trail + Turn right on University Blvd

Chipotle, Panera Bread, Pei Wei, Buffalo Wild Wings, Applebee's, Jimmy Hulas, Chick- fil-a, Pita Pit, Zaxbys, and more!

Waterford Lakes Town Center (4.7 miles from UCF Soccer Complex) Click on the link for directions and dining options! https://waterfordlakestowncenter.com/dining

Maps & Directions



Frequently Asked Questions

Q. What does my child need to bring?

A. All campers should bring cleats, tennis shoes, water bottle, shin guards, soccer ball, and sun screen.

Q. Is there specific Goalkeeper training?

A Yes, goalkeepers will have specialized training as well as small sided and full field play.

Q. Can parents stay and watch?

A Yes, parents are welcome to stay and watch the sessions.

Q. Will there be a trainer and medical staff on site?

A. Yes, a certified athletic trainer will be present during all training sessions and 30 minutes prior to each session.

Q Who do I contact in case of an emergency?

A. Edward Wilding, 561-249-9608. ewilding@athletics.ucf.edu