Student Arrival & Return to Gonzaga Guide



UNDERGRADUATE VERSION

DISTRIBUTION DATE: JULY 31, 2020



TABLE OF CONTENTS



Zag	On	3
-	Zag On: A Letter from the President	3
-	Context for this Document & Guiding Principles	5
-	A Shared Responsibility: Expectations of All Students	7
<u>We</u> l	<u>lcome Home Zags: Your Arrival on/Return to Campus</u>	9
-	Campus Public Health & Well-being	13
-	Housing & Residence Life	17
-	Academic Instruction & Learning	20
-	New Student Orientation	23
-	<u>Facilities, Dining & Other Services</u>	24
-	<u>Campus & Community Events, Programs, Performances</u>	27
-	<u>Campus Safety & Security</u>	30
-	<u>Fitness Center, Intramurals & Club Sports</u>	32
Wha	at to Expect on Campus	34
-	Self-Certification & Accommodations	35
	 Symptom Monitoring Requirements (Self-Certification) 	35
	 Protocols for Reporting Symptoms 	36
	o Leaves & Accommodations	36
_	Health & Safety: Campus Expectation & Guidelines	36
	o Face Coverings	36
	o Use and Care of Cloth Face Coverings	36
	o Physical Distancing	37
	o Handwashing	37
	o Room Disinfection	37
	o Coughing/Sneezing Hygiene	37
	o Public Transportation	37
-	<u>Specific Scenarios</u>	38
	o Wayfinding Protocols	38
	 Restrooms and Drinking Fountains/Bottle-filling Stations 	38
	o Elevators and Stairs	38
	o Laboratory Work	38
	o Meals	38
	o In-person Studying	38
-	Building Security	39
We'	re Here for You	40
-	Physical, Mental, Spiritual, Emotional Well-being	41
	o Mental Health	41
	• Your Spiritual & Emotional Wellness: Office of Mission & Ministry Resources	42
	• A Letter to our Parents & Families: Resources for You	43

o Contacts for Support

<u>COVID-19 Notice & Acknowledgment of Student Risk</u>

44

45

Zag On – A Letter from the President



Dear Gonzaga Students,

Gonzaga University has been built on a strong foundation through grit, tenacity and generosity through many challenging times. For more than 130 years, our institution has endured wars, crises of health and welfare, and a multitude of environmental and economic challenges. Amidst all of these changes, one thing has remained true: we are a university, called to live and learn, teach and explore, not comfortably at the center of the culture, but at the frontiers, the cutting edge, the margins, places that require courage.

As a Jesuit university dedicated to academic, professional and personal excellence, we are committed to educating students for lives of leadership and service to the common good, even in the midst of this pandemic. To this end, our leadership and campus community has worked tirelessly since the spring to prepare for the upcoming academic year, creating environments where we can continue to deliver an excellent educational experience in the face of COVID-19. Now, more than ever, our students need Gonzaga's mission-driven, knowledge-building education given this international health crisis, the racial and political tensions in our country, the economic disparities facing our world, and more.

There is nothing easy about planning for a future that seems so uncertain. Unfortunately, so much is affected by a virus that has no vaccine and a mind of its own. In mid-spring, we created a **Pandemic Response Task Force**, comprised of nearly 100 individuals across ten campus committees, to develop plans in support of the resumption of campus operations in the midst of this public health crisis. Spokane, like many other areas of the country, is experiencing rising numbers in COVID-19 cases. Circumstances are constantly changing, and we continue to take this dynamic extremely seriously. Our plans are rooted in our University Mission and have been developed in direct consultation with the Spokane Regional Health District (SRHD). In every aspect we are working to ensure that our work adheres to guidance from the State of Washington and other recognized government agencies. These plans allow for optimum flexibility in recognition of the evolving nature of both the virus and the corresponding guidance from these same agencies. But ultimately, these plans have been created with you in mind, providing you options to consider and the agency to make the choices that work best for you and your families.

This *Student Arrival and Return to Gonzaga Guide* is written **for you**, these processes have been developed **for you**, and our leadership, staff and faculty, are here **for you**. We recognize that this work is occurring in an ever-changing, dynamic environment. As new information and direction arises, this *Student Arrival and Return to Gonzaga Guide* will itself be revised and improved. Our hope is that this Guide will put us on the path towards "resuming university operations" – recognizing that our "new normal" may be far more "new" than "normal."

To succeed, we all must commit to this, encourage each other, and stand side-by-side to take on this challenge as Zags always do. Together, we are setting the stage for a thoughtful and carefully managed educational experience, but we <u>all</u> have to make modifications and be active participants in the effort of mitigating risk and protecting one another. We will make every effort to create and maintain the tight-knit and supportive sense of community for which we are so well known.

Simultaneously we will continue to wrestle with the challenge of living, learning, working, and socializing in the context of the COVID-19 pandemic for a long time to come. Doing so requires a commitment, on each and every one of us, to work to mitigate the transmission of the virus.

This is a time of incredible uncertainty, and we recognize that you have many questions and concerns on your mind. I want to assure you that we will do our very best to respond to each of them. We have developed a comprehensive website which serves as a repository for all things "coronavirus" (<u>www.gonzaga.edu/zagon</u>), and we will continue to update that site well into Opening Weekend.

We want you to know that we are proud of you. Your strength and bravery through this crisis is not just impressive, it is **unmatched**. It is truly the Zag Way. And it is our responsibility, and our honor, to welcome you back this fall to a campus that has your safety and health as top priorities. We will continue to provide the time-honored tradition of educating people the world needs most.

To our **students**, I pledge we will provide you with the type of experiences and opportunities that will foster the learning and experience that you deserve as Zags.

And to our **parents and families**, I pledge we will create, provide and maintain the resources and protocols needed to adhere to all local, state and federal public health requirements.

I hope that you enjoy the remainder of your summer and despite the challenges that continue to be a part of daily life, that you take time to rest and enjoy a much-deserved break. To our families, I thank you for entrusting us with your students' care. And to our students, thank you for continuing to believe in what it means to be a Gonzaga University student.

Together, we <u>will</u> Zag On.

Sincerely yours,

Thayne M. McCulloh, D.Phil. President

NOTICE: This document is not a contract but rather a Guide for what to expect when you return to Gonzaga. It's important to understand this guidance is subject to change and modification as circumstances warrant and public health authorities may issue new directives, advice and requirements. The University reserves the right to modify this guidance as it deems necessary and appropriate.

CONTEXT FOR THIS DOCUMENT & GUIDING **PRINCIPLES**

Coronavirus disease 2019, or COVID-19, is caused by the virus SARS-CoV-2. COVID-19 is spreading easily in many areas across the world and especially in the United States. The virus believed to be primarily transmitted through inhalation of airborne respiratory droplets; many researchers now believe it is a virus that principally affects the circulatory system. People who have the virus that causes COVID-19 have a wide range of symptoms, from undetected to severe. The illness is transmitted, especially to those in close contact with someone who has COVID-19. Transmission of the illness can occur even when the person has mild symptoms or no symptoms at all, known as asymptomatic transmission. Understanding COVID-19, its readily transmissible nature, and the potential health consequences, is critical to managing the disease and preventing further spread.

Every community member must follow the public health practices and guidance shared in this Guide. These practices will be updated over the course of the summer as additional information becomes available:

- 1. Monitoring one's own health: Through temperature-taking and paying attention to other possible symptoms.
- 2. Staying at home when ill with or exposed to COVID-19: Staying at home at the first sign of possible infection or exposure is vital in the effort to reduce the risk of transmission.
- 3. Maintaining adequate physical distance from others (at least 6 feet): Physical distancing protects you and others and is one of the best tools we have to avoid being exposed to the virus and slowing its spread.
- 4. Wearing a face covering: Face coverings protect others in case you are infected. Cloth face coverings are especially important when physical distancing cannot be adequately maintained.
- 5. **Practicing hand hygiene and respiratory etiquette:** Frequent handwashing with soap and water or the use of hand sanitizer greatly decreases the chance of transmission, as does coughing or sneezing into a tissue or your elbow.
- 6. Cleaning and disinfecting: Though transmission of COVID-19 is less common by mode of high-touch surfaces, cleaning and disinfecting them should occur at least daily.

GUIDING PRINCIPLES

Our protocols for responding to the COVID-19 pandemic are rooted in our shared mission, values and our identity as a Jesuit, Catholic and humanistic university. Our protocols are also guided by science and the latest information we are receiving from the Spokane Regional Health District. The safety of our students, faculty, staff, and the public we interact with is of paramount concern. We are called at all times, particularly today, to show our collective commitment to the dignity of the human person, social justice, diversity, and care for the planet within our responsible stewardship of our physical, financial and human resources.

The primary goals for our response to the COVID-19 pandemic are to protect public health and continue our vital mission of education while using our institutional values to guide our work and decisions.

Our plans are aligned and consistent with local health orders and ordinances of the City of Spokane and Spokane County, as well as the Governor of Washington's Proclamation on Higher Education and Reopening Guidance. Additionally, we are following recommendations from the federal government, Centers for Disease Control and Prevention, Spokane Regional Health District (SRHD), and our Pandemic Response Task Force.

A SHARED RESPONSIBILITY: EXPECTATIONS of ALL STUDENTS

Gonzaga University has been authorized to resume limited operations under the Governor of Washington's Proclamation on Higher Education and Reopening Guidance, (issued June 24, 2020), with additional guidance from SRHD. A condition of resuming operations is that you have read, and agree to follow, the steps outlined in this Guide. Our ability to continue our work is dependent upon doing everything reasonably possible to prevent and reduce the spread of COVID-19 and keeping everyone as healthy as possible. It is expected that COVID-19 will, unfortunately, be with us for some time to come; disease mitigation will require intentional efforts over a sustained period. You, and we all, must take this seriously – the health of every individual, and our institutional viability, depend upon it. As these circumstances continue to evolve over the next months, we will require your patience, flexibility, and creativity.

All students must read this Guide and review the <u>COVID-19 Notice & Acknowledgement of Student Risk document</u>.

MAINTAINING OUR INCLUSIVE COMMUNITY

We recognize the inherent dignity of all individuals and expect professional conduct in activities and programs and in the relationships we share with students, faculty, staff, and the public. During this pandemic, where there are so many unknowns, taking care of each other is just as important as taking care of ourselves. *Cura Personalis*, or care for the whole person, and *Cura Apostolica*, or care for the work or institution, go hand in hand and are integral to our mission. We are committed to maintaining an educational, working, and living environment free of all forms of discrimination or harassment. Making assumptions about or engaging in negative treatment of others based on perceived COVID-19 symptoms, medical conditions or abilities, national origin, racial and ethnic characteristics, or any other protected status hurts our community and will not be tolerated. Any acts of discrimination or harassment run counter to our University values and policies, including our Harassment and Non-Discrimination Policy.

We recognize that each of you have had very different experiences of this pandemic. We also understand that COVID-19 has had different impacts among various populations within our country, impacting disproportionately (for example) the elderly and people of color. We are here to support you and provide you the resources necessary to allow your experience at Gonzaga to be the best it can be. The Office of Diversity, Inclusion, Community & Equity utilizes the principles of critical dialogue, reciprocity, and solidarity to facilitate learning that cultivates cultural engagement, enriches mindfulness, fosters a sense of belonging, and challenges systems of privilege and oppression. To connect with the DICE team and learn more about resources and support systems available during this time of uncertainty and challenge, call (509) 313-4100.

Click here for a list of additional resources available for you.

A SHARED RESPONSIBILITY

We hold as paramount the health, safety, and welfare of every member of our community. Having said that, the reality is that we cannot guarantee a COVID-19-free environment. This is simply not feasible. Taking steps to minimize the risk of COVID-19 infections (or any other spread of disease) at

Gonzaga is a shared responsibility. As a member of our community, you must do your part. This means adhering to national, state, and local health guidelines and requirements, and adhering to those measures we deem safe and appropriate for our campus. We are so grateful for your trust and faith in the plans and protocols we have put into place. This pandemic is rapidly changing, and it is important to understand that there are inherent risks associated with the decision to return to campus that cannot be eliminated regardless of the care taken to avoid infection and that there is the possibility of contracting COVID-19 and infecting others.

ACCOUNTABILITY

We are counting on you to be active participants in helping us mitigate the transmission of COVID-19. Compliance with all public health practices is expected of all of you, as well as other members of the Gonzaga community. These expectations align with Gonzaga's values, including our commitment to social justice and for the care, health and wellbeing of all members of our community.

Gonzaga's Student Code of Conduct includes provisions for addressing student misconduct, which include such behaviors as refusal to wear a face covering or failure to practice physical distancing. We know that your sense of responsibility to our community and one another will be the guiding force that ensures accountability with COVID-19 prevention requirements.

Reviewing the COVID-19 Notice & Acknowledgement of Student Risk on the last pages of this Guide, coupled with your understanding of the Code of Conduct, will provide the standards and processes for ensuring accountability. We ask that you agree to commit to these practices not just for yourself, but for the safety of others, consistent with your obligations as members of the GU community.

We have great faith and belief in Zag students to support and look out for each other. Our Mission binds us together and fortifies us all, even in the most challenging of times. Now more than ever, we need each other. We are Gonzaga.

A Cura Commitment

Being a Zag is about honoring the dignity of the human person and recognizing our role in contributing to the common good. It is central to the University's Jesuit, Catholic and humanistic identity. We have a responsibility to take exceptional measures by caring for ourselves and others (cura personalis), caring for the community (cura civtatem), and caring for the work we do (cura apostolica).

As a member of the Gonzaga University community, you are asked to demonstrate an understanding of that responsibility through the following commitment statement:

I am committed to doing my part to fulfill Gonzaga University community relational obligations during the ongoing pandemic. I will support and maintain community expectations as outlined by public health agencies, the State of Washington, and Gonzaga University. I will care for my own health and follow safety precautions in order to safeguard the community from the spread of COVID-19 and other infections.

We are in this together. Zag On.



WELCOME HOME ZAGS: YOUR ARRIVAL ON/RETURN TO CAMPUS

The weeks leading up to Opening Weekend are ordinarily full of emotions: excitement, anticipation, and certainly this year, some anxiety. This year is different than any other we have prepared for. Our hope is that this Guide will aid in your confidence in the plans we have put in place and provide you all of the necessary information to ensure that your questions are answered ahead of the start of the semester. We understand there is a lot of information here – please note that our Zag On website has great FAQ sections and will be updated with new information as we are provided further clarity and direction from our health care partners. Please visit that site for additional information and ongoing updates.

We acknowledge that different individuals – students, parents, faculty, staff, and community members – are in very different places with regards to their needs, sensitivities, and desires in the face of the pandemic. Therefore, the plans that have been developed acknowledge the need for flexibility and options where possible, including remote learning and choosing not to reside on-campus.

Since the Spring, we have been preparing for the start of the academic year. As we approach the Fall semester, we have put more formal plans in place to ensure that your return to campus will be as welcoming as possible:

- 1. 7-Day Quarantine at Home: As COVID-19 cases increase dramatically across the country and numbers climb in Spokane County, it is imperative to do your best prior to resuming classes and activities on campus. Accordingly, GU is asking you to quarantine at home for at least 7 days before your arrival to campus. You must be extra vigilant and employ COVID-19 public health measures (stay home, wear cloth face coverings, limit contact with other people, physical distancing, no attendance at large gatherings or parties, etc.). This preparation can make a SIGNIFICANT difference in mitigating the potential spread of COVID-19 on our campus and is an important part of keeping others healthy as we come back together again. If you are feeling ill, have COVID-19 related symptoms, or have been exposed to someone with COVID-19, you should NOT come to campus. You should be tested and self-isolate until receiving the results of the test.
- 2. Housing & Residence Life
 - On-Campus Living Requirement Suspended: Under ordinary circumstances, first and second-year students have been required to live in an on-campus residence facility. In view of the current circumstances, we are suspending the on-campus residency requirements for this academic year, and you can therefore make the decision about what kind of living situation is best for you and your family.
 - On-campus living and foodservice will continue for students who wish to have this support.
 - **Phased Move-In Approach**: If you are returning to live on campus, following are additional details you need to know:
 - New students: we will welcome our new students to move into the residence halls using a phased approach, beginning Wednesday, August 26 and continuing through Friday, August 28.

- Returning students: we will welcome our returning students who are living in campus housing back to campus using a phased approach, beginning Saturday, August 29 and continuing through Monday, August 31.
- Click <u>here</u> for more details about Move-In Weekend
- Given the desire to support maximum options for you and your family, and in an effort to be responsive to the needs of our on-campus population, we reserve the right to make changes in housing assignments. If this is necessary, we will communicate those changes quickly and work with you to address the situation.
- 3. **Opening Weekend**: Over Opening Weekend and throughout the early following weeks, there will be a host of organized information sessions to provide you and your families with information and strategies for managing and mitigating risk.
- 4. Academic Plan:
 - Flexibility: Our faculty are preparing to offer their courses in an interactive "live" remote mode where possible, even if they have chosen face-to-face/in-person, or a hybrid teaching, approach. As such, it will be possible for students who wish to do so to pursue their studies remotely for Fall semester.
 - Academic Calendar: Undergraduate classes for fall semester will begin on Tuesday, September 1st and conclude on Friday, December 11th, with Friday, December 18th the last day of finals and/or final projects or other course-concluding activities. Following Thanksgiving Break, classes will be taught <u>online</u>, using remote/distance technologies. Check out the undergraduate <u>academic calendar</u> for additional semester details.
 - Delivery Options: Flexibility and adaptability are the hallmarks of our approach. Some classes may be held using a hybrid approach, with classes in person on some days and remotely on others, and some classes will be online, using best practices for student engagement. Faculty are determining the modes for their courses and that information will be made available on ZagWeb after August 1. Nevertheless, it is possible that circumstances may change necessitating a change from in-person classes to remote delivery on an individual class basis or as to all in-person instruction again depending on changed circumstances that may be a result of public health authorities directives. We will work with any student who has issues or concerns with their schedule based on the chosen method for their courses.
- 5. Health Monitoring & Disease Containment: We are committed to supporting you through this uncertain time:
 - All students will be provided two cloth face coverings and any other appropriate personal protective equipment necessary for classes and labs:
 - Students living on campus will be given face coverings when they check-in to their room.
 - Non-residential students may pick up their face coverings at a variety of public locations such as tables outside of Hemmingson or offices throughout campus during the first week of classes.
 - Graduate and law students who are on campus for classes will have central distribution points for face coverings in the main academic building associated with the program.
 - All GU campus community members will be providing daily symptom self-screening information.

- Gonzaga University Health and Counseling Services (HCS) has COVID-19 testing available for those who may be exposed to COVID-19 or experiencing symptoms. HCS has community partners who offer testing and will support Gonzaga University for additional testing resources when needed.
- A dedicated GU COVID-19 Coordinator and contact tracers will be working with the entire campus community to manage instances of positive or probable COVID-19 cases in the campus community, in collaboration with SRHD.
- Signage to support physical distancing, travel paths, and cleaning/disinfecting will be posted across campus and in residence halls.
- Spaces for isolation (for those who test positive for COVID-19) and quarantine (for those who have been exposed to COVID-19) have been designated. In both cases, residence quarters will be comfortable and equipped such that students can continue coursework online. The COVID-19 Action Response Team (CART) will support students who are in isolation or quarantine to ensure their basic needs are met and offer access to health and mental health support.
- GU works closely with Spokane's two major medical centers in the event a student needs emergency care. Both are located within three miles of campus.
- Ongoing education to promote prevention/containment of COVID-19 will be offered.

For a comprehensive list of FAQs, click <u>here</u>.

Following are individual plans for these specific areas:

	Campus Public Health & Well-being	13
	Housing & Residence Life	17
	Academic Instruction & Learning	20
	New Student Orientation	23
	Facilities, Dining & Other Services	24
	Campus & Community Events, Programs, Performances	27
	Campus Safety & Security	30
Gu	Fitness Center, Intramurals & Club Sports	32

CAMPUS PUBLIC HEALTH & WELL-BEING



We are all aware that we are in the midst of a public health and well-being crisis. As such, we have been diligent in developing a public health and well-being plan centered on conceptualizing and developing preventative measures and rapid response strategies based on a three-tier process:

- 1. **Prevention:** Screening, face coverings, environmental design, cleaning/sanitation, mental health and well-being
- 2. Intervention: Testing, rapid response, contact tracing, quarantine and isolation, mental health and well-being
- 3. Adoption: Protocols/guidelines, education, communication, norming, commitment

PUBLIC HEALTH MEASURES

We have developed guidance for public health and safety measures derived from public health, industry, regulatory, legal, and governmental authorities. These measures are necessary as we work to mitigate the spread of infectious disease on campus:

- **Personal Protective Equipment**: Some level of PPE or source control will be required for you and guests and visitors.
- Cloth Face Coverings: Per CDC guidance, most¹ children and adults should wear face coverings, a form of PPE, to control the spread of infection from individuals who may be asymptomatic or pre-symptomatic. The wearing of face coverings is now a Washington state mandate. All coverings must: fit snugly but comfortably against the side of the face, completely cover the nose and mouth, be secured with ties or ear loops, include multiple layers of fabric, allow for breathing without restriction, be laundered and machine dried without damage or change to shape.
 - Students: Unless you are alone or in your residence, you must wear cloth face coverings when on campus and in the community. You will be provided your own cloth face coverings and will receive training on safe use and care (click here for pickup details) If you cannot wear a cloth face covering due to approved exemptions, please contact <u>Disability Services</u>.
- Visitors: To keep our campus community safe, we are being asked to limit the number of visitors on campus. For example, students are being asked to bring no more than 2 family members with them to Opening Weekend. Visitors will be required to wear a face covering and, in order to facilitate contact tracing, will need to check in and out at one of the designated locations on campus.
- **Targeted testing** is an essential prevention and control strategy to identify, evaluate, and isolate persons who may have or be at high risk for infection. Targeted testing of asymptomatic individuals is recommended when there are COVID-19 positive case clusters of a particular group or population in a given setting.
- Self-screening aligns with our humanistic identity and its commitment to social justice and solidarity with the vulnerable. Self-screening and reporting of symptoms with a daily symptoms check can quickly identify those who may be at risk for COVID-19. Self-screening also helps in the process of quarantining or isolating those who may have COVID-19 or have been exposed. Protection of your personal health information is a top priority: this is a personal right and the responsibility of the University as you are asked to provide

¹ Individuals who should not use cloth face coverings: children under 2, anyone who has trouble breathing, is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

Gonzaga University Student Arrival and Return to Gonzaga Guide

information related to your health status. All data will be treated in a secure and confidential manner.

Following is the daily self-screening process:



- Self-Screening App: A self-screening app allows for easy and efficient data input and collection. You will be provided the app and use your GU login credentials to access online or on your phone. Every day, you will use the app to conduct symptom monitoring before coming to campus or leaving your residence for campus-related purposes. You will enter information related to daily symptom monitoring, including a daily temperature check. You will also provide information about close contacts and any exposures to COVID-19. The app will provide prompts and directions based on the entered data. You must utilize this application.
- COVID-19 Check Points: If you need temperature check support, check points on campus will be available. For ongoing updates, click <u>here</u>.
- COVID-19 Action Response Team (CART): To protect the campus, we will respond to those individuals with COVID-19 illness, implement isolation and conduct rapid contact tracing to quarantine potential new cases. The CART will be activated when there is a laboratory confirmed positive COVID-19 case identified specific to the GU campus community. The CART will work quickly to support students and employees at GU who may need to be in isolation or quarantine. Support for on campus students will include access to academics, meals, healthcare and mental health services, laundry service, and other services. Support for off campus students will be in collaboration with Spokane Regional Health District (SRHD).
- **Contact tracing:** Contact tracing is an effective disease control strategy that helps interrupt disease transmission. Contact tracing involves working with an individual who has confirmed COVID-19 and the close contacts of that individual. Close contacts may need to isolate or quarantine. The privacy and confidentiality rights of a confirmed case and close contacts will be maintained at all times.
- Isolation & Quarantine: Isolation and quarantine are part of a comprehensive plan to reduce the risk of COVID-19 transmission on our campus. Isolation and quarantine are different:
 - Isolation is what you do if you have COVID-19 symptoms or have tested positive for COVID-19. Isolation means you stay in a designated isolation space or your place of residence (depending on or off campus status) and keep safely away from others for the recommended period of time to avoid spreading illness.
 - Isolation for on campus students: All on campus students with symptoms of COVID-19 or a positive laboratory confirmed case of COVID-19 will be required to move to an isolation space on campus. The CART will assist with support during this time.
 - Isolation for off campus students: All off campus students with symptoms of COVID-19 or a positive laboratory confirmed case of COVID-19 need to isolate in their place of residence and keep safely away from others in the residence (e.g., private bedroom and bathroom and no shared spaces). If this is not possible, SRHD will assist in identifying appropriate options for isolation. The SRHD will assist with support during this time.
 - *Quarantine* is what you do if you have been exposed to COVID-19. Quarantine means you stay in a designated quarantine space or your place of residence and keep safely away from others for the recommended period of time in case you are infected and are contagious. Quarantine becomes isolation if you later test positive for COVID-19 or develop COVID-19 symptoms.

- Quarantine for on campus students: All on campus students who have been exposed to someone with COVID-19 and are a "close contact" (within 6 feet for more than 15 minutes) must move to a quarantine space on campus or quarantine in their own space only if they can keep safely away from others (e.g., private bedroom and bathroom and no shared spaces). The CART will assist with support during this time.
- Quarantine for off campus students: All off campus students who have been exposed to someone with COVID-19 and are a "close contact" (within 6 feet for more than 15 minutes) must quarantine in their own space and keep safely away from others (e.g., private bedroom and bathroom and no shared spaces) in the residence.
- Education: We will strive to provide timely and consistent information to all constituents, particularly regarding expectations for behavior as members of our community. Information will be disseminated through a variety of communication channels to ensure that constituents are both provided *and* understand these expectations.

ENVIRONMENTAL DESIGN/CLEANING & SANITATION

The following modifications will help improve physical distancing capabilities while maintaining important business functions and improving general safety.

• Physical distancing requires maintaining a minimum of 6 feet of separation between individuals (indoors and outdoors). Physical distancing does not replace the need to wear cloth face coverings, practice good hygiene behavior, or good cleaning and disinfecting protocols.



- **Barrier devices** (sneeze guards, plexiglass, plastic sheeting, etc.) will be used in areas where physical distancing is not possible AND there is frequent face-to-face interaction.
- Access control will be implemented to exterior campus building entrances. You can access buildings using your GU ID card.

Cleaning & Disinfecting: More frequent disinfection of surfaces and objects will be required for the duration of the COVID-19 pandemic. *Hand sanitizer* will be placed in or near each room or near building entrances. *Campus buildings* will be cleaned and disinfected more frequently. Every GU community member has a responsibility for disinfecting their own areas and any shared resources. *Meeting/conference/event rooms* will be cleaned daily but users of these spaces should clean between meetings and events. *Emergency blue phones* will be disinfected daily and after a known call has been received.

MENTAL HEALTH²

As part of a unified response to the COVID-19 pandemic, we are focused on mental health education, prevention, and intervention to support you. This plan is based on a holistic approach focusing on the well-being of the whole person and the importance of social connection. The plan to support the mental health of our students involves multiple elements. Resources that will be available to students include:

- Education and training
- Messaging and print resources
- Virtual information
- Non-clinical support such as case management
- Counseling services

EDUCATION & **COMMUNICATION**

We all need to practice new behaviors to mitigate the spread of infectious disease both on and off campus. As such, educational opportunities will be provided on an ongoing basis with accessible, consistent, transparent, and holistic information that you need through the following sources:

- *Zag Into Action:* Online course modules for new and returning students.
- *Move-in Weekend Wellness Coaching:* During the extended check-in/move-in period, a station will provide students an opportunity to interface with a staff member to review materials and health card information included in the COVID-19 Care Packages.
- *Parent & Family Newsletter Article/Webinars:* Families will be provided information about what to expect this fall, conversation starters for checking on their student's health and well-being, and clear messaging around what GU can and cannot provide for students.
- *Pre-Orientation Programs FAQ*: Guidance and questions answered specific to any community engagement opportunities will be offered prior to the start of the semester.
- *Residence Hall, Building, & Bathroom Signage:* Print materials will reinforce occupancy limits, desired behaviors, rapid response team information, etc.
- *Academic Messaging:* Emails with information and links to reach returning students, addressing specific considerations or concerns by major, academic program and/or school affiliation.
- *Targeted Testing Education:* Information for students who become involved in targeted testing efforts.

To learn more about Gonzaga's Campus Public Health & Well-being plan, visit the ZagOn website

² Additional mental health plan details can be found in the <u>We're Here For You section</u>. Gonzaga University Student Arrival and Return to Gonzaga Guide





Gonzaga values the on-campus residential experience as an important component of our educational mission. The health and safety of our residents is always the top priority of the Housing and Residence Life Department. This priority takes on new meaning as we make plans for opening the residence halls this fall. In consultation with the Spokane Regional Health District (SRHD), and our partners on campus, we are establishing practices that will ensure appropriate public health measures are in place in all residence halls with student health and wellness education provided to guide behavior.

Under ordinary circumstances, first and second-year students have been required to live in an oncampus residence facility. In view of the current circumstances, **we are suspending the on-campus residency requirements** for this academic year, and you can therefore make the decision about what kind of living situation is best for you and your family.

We will all depend on each other to make this work. It takes all of us working together and looking out for one another to manage our risk and maintain a healthy campus environment.

On-Campus Housing Plan

We are strategically creating a plan for opening this fall that includes:

- 1) Reducing the number of students in each residence hall by adding a number of single room options, closing off some rooms completely, and exploring near-to-campus options for additional bed space if necessary.
- 2) A phased move-in approach design to limit the number of students moving into any building or room at one time.
- 3) Closing common areas where possible and setting up spaces that promote physical distancing. Additionally, to begin the year, we will not be providing recreational equipment (e.g., pool cues, ping-pong paddles) or kitchen supplies in any of our common areas.
- 4) Ensuring common spaces are cleaned frequently and in accordance with established best practices.
- 5) Establishing community expectations and room change policies that will ensure compliance with public health practices like handwashing, wearing face coverings, and physical distancing.

Reduced Density in Residence Halls

Roommates: All roommates, apartment mates and suitemates will be defined as a "household unit" for purposes of physical distancing protocols. We recommend that roommates and families connect prior to move-in to build relationships and ensure a level of comfort. Additionally, the "household unit" status means that we will be limiting room changes and working more diligently with students to resolve roommate conflicts as they arise.

Single Rooms: Some rooms in DeSmet and Dooley Residence Halls have been designated as singles. These spaces will be utilized to first meet the ADA accommodation needs of students or assist those with pre-existing health conditions that might be impacted by COVID-19. We will defer requests for a single room without a documented health or financial need until we have evaluated all requests.

Phased Move-In

<u>Fall Semester Move-In Process</u> Our move-in plan hinges on two factors to create physical distancing: **a phased move-in approach** and **outdoor check-in stations** spread out across Foley Lawn.



- Move-in for <u>first year</u> students will be Wednesday, August 26 Friday, August 28.
- Move-in for returning students will be Saturday, August 29 Monday, August 31.

Move-In: While this is a very exciting time, we ask that you refrain from bringing no more than 2 family members to assist with move-in. You should have received an assigned time window to move in. Shifting move-in to a three-day process will ensure that each residence hall has a limited number of students and families moving in at any one time. Returning students may work with Plant Services and the Mailroom to have stored items delivered or boxes shipped to campus ahead of move-in. Over Opening Weekend and throughout the following week, there will be information sessions that will provide you and your families with information and strategies for managing the situation during this extraordinary pandemic.

Student Rooms: When you arrive on campus, your residence hall rooms will be configured to best accommodate physical distancing. To help prevent transmission of COVID-19, we ask that you leave the room set in this way.

Check-In Station: A single check-in site will be on Herak Quad. There will be wayfinding and physical distancing strategies for lining up/checking out. Check-in for new students will include the traditional "stops" (Zagcard, Housing, Orientation) but will also include a COVID-19 Q&A tent for information/education on how we are keeping the campus as safe as possible.

Common Areas

<u>Cleaning</u>: Housekeeping staff will clean common areas; however, if you live in suite and apartmentstyle units you will be responsible for cleaning bathrooms, common spaces and surfaces. You will be provided recommendations and training related to proper cleaning and sanitizing processes for bathroom and common area spaces. All residence hall rooms will be cleaned prior to move-in, with daily cleaning and disinfecting to common area bathrooms provided, as well as regular disinfecting of frequently touched surfaces in all residence halls.

<u>Shared Bathrooms in "Traditional" Residence Halls</u> – (*not Apartments or Suites*): All showers and toilets are separated by physical barriers and SRHD has been consulted regarding strategies for capacity and occupancy charts. We recommend that you minimize time in shared bathrooms, do not use cell phones in shared bathrooms, and do not store personal items on surfaces. Bring a toiletry caddy that is non-porous and can be easily cleaned and disinfected.

<u>Common Areas:</u> In some buildings, the common areas are self-contained and will be closed off. Common areas that cannot be closed off will be designed to conform with physical distancing requirements and reminder signs will be posted. Recreational equipment (e.g., pool balls/cues, pingpong paddles) and kitchen supplies (e.g., pots, pans) will not be provided until we receive guidance from SRHD that this is an approved practice.

Community Expectations & Requirements



Required Orientation: You must participate in a health and safety orientation that

underscores your responsibilities and the risks associated with your decision to be on campus during the COVID-19 pandemic emergency. The orientation includes the sharing of policies and protocols related to cleaning and behavior protocols, PPE, physical distancing, student room design, common area usage, visitor regulations, and personal and public health education consistent with state and regional standards.

<u>Residence Hall Access</u>: To allow for effective contact tracing, we are being advised to reduce the number of visitors in residence halls. We therefore ask that when you wish to meet with students from other residence halls, you gather in campus spaces outside of the residence halls. Please do not visit other residence halls other than your own.

<u>Behavior</u>: You are expected to complete a daily self-screening (including temperature checks), wear cloth face coverings, physical distance, and be available for contact tracing if necessary. All student behavior is guided by Gonzaga's Code of Conduct which includes our expectations for following all directives from the University administration. Failure to follow a University directive or local, state or federal law, are violations of the Student Code of Conduct.

Quarantine & Isolation Plan

Once you are on campus, three housing facilities have been set aside as isolation and quarantine spaces. Protocols have been developed in consultation with SRHD and according to CDC recommendations (<u>click here for Isolation and Quarantine information</u>).

• *Surge Capacity.* If GU reaches its on campus capacity for isolation and/or quarantine, additional isolation and quarantine spaces have been designated.

Given the desire to support maximum options for you and your family, and in an effort to be responsive to the needs of our on-campus population, we reserve the right to make changes in housing assignments. If this is necessary, we will communicate those changes and work with you to address the situation.

If you have a health concern heightened by COVID-19 that would be best managed in a single room or by living off-campus, please immediately contact the <u>Housing Office</u>.

Thanksgiving Break

All classes following Thanksgiving Break will be via remote delivery. If you travel outside of Spokane County for Thanksgiving, we ask that you <u>do not to return to campus</u> for the remainder of the semester (note: residence halls and campus dining will remain open through the end of the semester). Students who do not choose to travel may contact the Housing and Residence Life Department for support and information about accommodations. If you travel outside of Spokane County and remain at home, you may request a credit of the unused portion of your room and board plan, applied towards Spring 2021 charges (credit will apply only to those who follow the outlined procedures). If you return for Spring semester, you may leave your belongings in your room. The Housing and Residence Life Department will share specific instructions for checking out in October.

To learn more about Gonzaga's Housing & Residence Life plan, visit the ZagOn website

ACADEMIC INSTRUCTION & **LEARNING**



You deserve an educational experience that supports you. To protect the vulnerable in our community, we have adopted creative ways of teaching classes to limit the risk of exposure to the virus. All instruction will prioritize your personal educational experience and care for you as a whole student, while maintaining our high educational and teaching standards.

Many of you will be on or near campus with access to technology support, infrastructure, and disability accommodations. We will take special care to provide technology help, access to course materials, and accommodations to those who are unable to return to campus.

Following is the undergraduate <u>academic calendar</u> for Fall 2020 semester:

- Classes begin Tuesday, September 1 (Monday-only classes begin on August 31)
- Classes conclude Friday, December 11*
- Final exams and/or final projects must be completed by Friday, December 18

Graduate programs have their own calendars. View <u>Law Academic Calendar</u> or contact your college/school/program for specific calendars.

*Note: traditionally-observed holidays (e.g., Founders Day) may be reevaluated for class sessions. Additionally, all courses will be delivered remotely/online during the final weeks of the semester following Thanksgiving Break.

Before Heading Out for Class

Before you leave your residence to head to campus, you must complete your <u>daily self-certification</u>. Also, don't forget your cloth face covering as you will need to wear it throughout the day (indoors and outdoors), and carry hand sanitizer with you as often as you can.

During the Day

Traditional classrooms will look quite different than they did before; but it is important to know that we are doing everything we can to maintain the robust learning environment you have come to expect from Gonzaga. Here are some differences you will notice inside and outside the classroom:

- All faculty, staff, students, and visitors will wear face coverings indoors and outdoors.
- All classroom, lecture, and lab spaces will undergo additional cleanings throughout the day.
- Attendance will be taken in every class and all classrooms and labs will have assigned seating. These efforts will make for easier contact tracing (all students must comply with contact tracing requests to ensure accurate reference data).
- Physical distancing of 6-feet must be maintained in all classrooms, labs, and other campus spaces.
- Some classes, labs, and office hours will meet via technology, not in-person (more information will be available in the next few weeks).
- Some good reminders throughout the day:
 - Wear your face covering
 - o Maintain distance in halls, classrooms, common areas, and labs
 - o Use hand sanitizer and wipes
 - o Maintain space in bathrooms and wash your hands often

- If your class meets online and you are in a public place, wear headphones or a headset to be respectful of others
- Don't bring food or beverages to class we need you to keep your mask on during class to keep everyone, including yourselves, healthy and safe! Heed all posted signs for more information and directions.
- If you are sick STAY HOME. Get in touch with your faculty member through email to let them know that you will not be in class

At GU, we are so proud of the community we create. Sadly, the "Gonzaga way" of greeting and welcoming others does not promote a healthy campus environment at this time. So, for the time being, let's give air hugs and virtual high fives, and even though we can't hold the door for others, know the same level of respect and courtesy is still here.

What You Can Expect from Faculty

Our faculty are and have been working to identify the best ways to facilitate their courses. Certain academic courses are more readily taught, and learned, in a remote-delivery format while other program courses which require hands-on, experiential work are more difficult to conduct in a virtual environment. The way classes will be taught will vary from course to course but are likely to include a combination of in-person and remote learning. The goal is to have courses involving intensive lab, studio, clinical or similar work, be offered face-to-face/in-person where we can safely do so and are authorized to do so. All courses will be built to ensure high quality instruction and consistency while promoting student engagement and participation. Here are four options for classes this Fall:

- 1. Face-to-Face/In-Person Instruction: Traditional classes where your attendance option is inperson, in a physical classroom or space, without the option of attending remotely. These courses will be noted with specific class meeting times and without mention of either "Remote Hybrid" or "Remote Only."
- 2. Remote Hybrid: You will have the option of attending the class in-person as well as/or remotely and synchronously during the regularly scheduled times. You may have to attend some classes in-person on some days and remotely (via Zoom) on other days. There is no expectation that you must attend any classes in-person if attending remotely only is preferred; attendance via Zoom-only is an option.
- 3. Remote Only (synchronous remote): Instruction will be delivered using Zoom. Most (or even all) class meetings are synchronous with you and faculty meeting remotely at established times. There is no option to attend 'remote only' classes in-person in a physical setting.
- 4. **TBD**: The course delivery modality has not yet been determined. ZagWeb will be updated as soon as the determination has been made.

Faculty are identifying which delivery mode best suits their courses. As so many of these circumstances are out of our control, courses may all switch to remote for unspecified periods of time, but for now there are multiple options being considered and proposed. You should expect that some courses will be taught face-to-face/in-person, while others will be taught face-to-face but remotely via technology. Some courses may be offered partly in-person, and partly remotely (e.g., hybrid). After August 1, information specific to each course will be available on ZagWeb.

What Your Classes Might Look Like

Faculty are spending their summers creatively figuring out how to provide each student the best education possible under these less than ideal pandemic conditions. While there is tremendous variety in class topics, formats, and structure, faculty are doing their best to adopt some baseline standards. For example, classes will meet during specified class times, whether in-person or remotely via Zoom. To maintain 6-foot physical distancing, classroom occupancies will be less than they used to be. This means that for classes with more students than safely fit in the classroom, some students will attend remotely on a revolving basis. Faculty will provide students with more information about this process. While this isn't ideal, it is a creative way to foster student-faculty relationships that are so crucial to the Gonzaga learning experience.

Technology Support

There are many tools available for you to make your learning experiences as successful as possible. Click <u>here</u> for information and links on how to log into Zoom, video tutorials, how to use Zoom through Blackboard, and more. The site will be updated with additional tools over the next month.

Meeting with Faculty

As always, faculty will have their office hours available on their syllabi. If you need to meet with your professor outside office hours, email them to ask about scheduling a time for an individual or small group interaction (e.g., office hours, advising, mentoring). Conversations will be conducted online via Zoom, online chat, telephone, or outdoors (if such interactions must be conducted in-person, all COVID-19 precautions will be followed).

Accommodations & Adjustments

If you have qualifying medical conditions, you may be eligible for, and request, reasonable accommodations (contact the Disability Access Office to begin the process). Click <u>here</u> to access health and well-being resources. Policies and procedures for attendance and leaves of absence will be reviewed on an ongoing basis.

All current services and support will continue to be provided, albeit primarily in a virtual manner, including academic advising, tutoring and writing support, disability support services, career and graduate education planning, health and wellness counseling, library resources, information technology support, and other services.

International Student Support

With the ongoing pandemic, the level of complexity to assist our international students is even higher. We will work to provide you with flexibility and options for participation and/or opportunities to transfer to course sections better suited to your circumstances. We ask you to communicate with your faculty regarding travel plans and course-related needs and to stay current with your academic work until you arrive on campus. For more information, please contact the <u>Center for Global Engagement</u> by phone (509) 313-3549 or email (<u>isss@gonzaga.edu</u>).

Foley Library

Hours for the Foley Center (Library) are currently being evaluated in view of the guidance from the State and the Spokane Regional Health District and will be communicated as we get closer to the opening of the semester. Foley Library staff are available for online support and research needs. Click <u>here</u> to learn more.

To learn more about Gonzaga's Academic Instruction & Learning plan, visit the <u>ZagOn website</u> Gonzaga University Student Arrival and Return to Gonzaga Guide





NEW STUDENT ORIENTATION



New Student Orientation

To all new Zags, welcome! We are excited to have you join the Gonzaga community! New Student Orientation is a place where you can begin to develop a sense of belonging at Gonzaga. Whether you are participating remotely or in-person, we are planning ways for you to connect with returning students, faculty, and staff. Orientation sessions will also provide an overview and connection to resources available to support your success.

For students living on campus, Orientation Week will begin when you move into your residence hall. Transfer students or students who are not living on campus will start Orientation on Friday, August 28. Orientation activities will continue through Monday, August 31. All students will be assigned to a small group by the First Year Experience Programs Office. However, all students will need to register for affinity groups and experiential opportunities. Registration opens on August 1st – check your Zagmail for more details. Throughout New Student Orientation, you should expect:

- How to Zag Orientation small groups that introduce you to important topics related to being successful at Gonzaga.
- Affinity groups that allow you to connect with other new students with similar interests or identities.
- Experiential opportunities that connect you to Gonzaga, our campus, and the Spokane community.
- All How to Zag sessions will be in small groups led by an Orientation Leader. They will occur in a classroom setting where appropriate physical distancing and face covering expectations will be followed for students and leaders.
- All Affinity groups and Experiential opportunities will be in-person small groups or held virtually.
- Signature Orientation events such as Academic Convocation and Welcome Mass will occur in a virtual format.

For more information, visit the Orientation website and review the "How to Zag Guide" with your Care Package. There is also a companion <u>website</u> with the latest updates.

Parent & **Family Orientation**

Through Parent and Family Orientation, families become familiar with the University, its resources, and opportunities for student success academically, socially, and out of the classroom. We are excited to share information and ideas about new student transition needs and how to support your student's success through graduation. And last, but certainly not least, we welcome you as key partners promoting your student's success.

Parent and Family Orientation will predominantly be an online experience featuring all of the informational sessions, pre-recorded as well as live events, we've hosted in years past and even more, inclusive of opportunities to ask questions of our content experts across campus. On your student's assigned move-in day you will check-in with us on Foley Lawn and receive our annual publications as well as your name badges giving you access to campus for that assigned day. We will also be hosting a hospitality tent with prepackaged grab-and-go snacks.

To learn more about Gonzaga's Orientation plan, visit the ZagOn website

FACILITIES, DINING & OTHER SERVICES



Zag Dining is committed to innovating services, allowing for flexibility, and will have safety standards in place for students, visitors, and staff. Zag Dining staff are trained on health and safety issues with the "The Six-Foot Kitchen" concept for safe food production. Each location will have physical distancing standards and protocols posted. PPE and sanitizing products will be utilized by Zag Dining staff, and directional flow will be used to mitigate risk. All dining locations will implement station-specific sanitation procedures and have sanitizing stations available for you and other guests. All locations will have schematic floor, seating, and flow chart diagrams to offer the safest environments for dining and flow of traffic. Currently, diners must observe physical distancing requirements with 6 foot table separations.

The COG

Our campus dining partner, Zag Dining by Sodexo, will provide information regarding meal service and dining hours as part of Orientation and on a regular basis throughout the term. All dining locations, including the main dining hall The COG, have underwent updates to ensure the safety and health of our students. For The COG, hours will remain the same or extended for normal operation standards. Upon entry, you will swipe your Gonzaga ID card and an attendant will monitor and be available to provide support. Meals will consist of a variety of Grab and Go options, along with limited dine-in seating. To eliminate congestion between floors, The COG will mirror stations on the 1st and 2nd floors, to also include Grab and Go Pick 3 items and special dietary consideration items. Seating will be designed to maintain physical distancing and tabletop signs will be used to show if a table has been cleaned or not. The dining room will ensure sanitizing on constant rotation, use of disposable dishware and flatware for all meals and service attendants will serve hot and fountain beverages to eliminate touchpoints on these high traffic stations.

Other Dining Facilities

Welch Hall dining location will be transitioned into Grab and Go with expanded Pick 3 Offerings including pre-built salads/sandwiches, allowing students another easily accessible location for food to-go. Cataldo Hall, which historically only included the 1887 dining location, will expand to also including The Globe Room. 1887 will exclusively offer the Grab and Go options, along with a rotating hot entrée option, while The Globe Room will offer Simple Servings and Vegan options. Breakfast will also be added to 1887, giving you yet another location for safely accessing those morning meals. Due to physical distancing needs, Contemplative Café will temporarily close to allow for additional space within the building.

Within Hemmingson Center, you will see physical distancing measures and traffic flow requirements at The Marketplace, Starbucks and Wolfgang Puck. The Bulldog restaurant will continue to offer dine-in service, as state and campus regulations allow, at a reduced capacity and with physically-distanced seating.

Duff's Bistro will transition its breakfast and lunch periods to offer the meal swipe Pick 3 Grab and Go options, while offering its favorite menu items from afternoon through the late dinner hours.

Both cafes, Margie's in Tilford and Café Lawte in the Law School, will remain open to serve those areas of campus. Expect to see additional sanitizing measures in place as well as physical distancing and traffic flow requirements at these locations as well.

In addition, we recommend you download the GrubHub app for mobile ordering and signing up for the campus portion to see all on-campus locations available for ordering ahead. This option will be available at all retail locations and will further assist in alleviating long wait times in line.

Please note that these plans are what Zag Dining is currently planning on for the Fall semester, however with the ever-changing needs of the campus, these plans may change. We will be working diligently with the campus and all state and local regulatory agencies to ensure that our services align with the most updated requirements. We appreciate your patience and understanding through these evolving times and know that we are working tirelessly to ensure you are not only safe and healthy, but also being fed to the high standards of Zag Dining and Gonzaga University.

John J. Hemmingson Center

- Entrances will be limited to the NW (main) doors and the East COG doors. During regular operations, all visitors will need to check-in at the Welcome Desk or temporary pop-up visitor desk where a visitor pass will be provided with a sign-in and out process for contact tracing.
- Public Areas/Welcome Desk/Main Level: Building access will include mission-critical operations staff and entrances will continue to be granted via GU ID. Campus visitors should wear face coverings.
- **Traffic flow** will be controlled and signage to direct guests through entrances, exits, elevators and stairwells will be posted throughout including one-way directional signs, silver sign messaging, digital boards and kiosks, and floor decals labeling 6 feet distancing for lines.
- **Furniture** has been redistributed to ensure physical distancing protocols are followed. The Welcome Desk workstation has been fitted with two Plexiglass dividers.

Mail Services: Mail will be set on the counter for you to pick up (self-service lockers will also be used). A customer flow in the south entrance has been created, exiting through the garage for larger package pickup and exiting out the SE corner door when picking up mail and small packages. Six feet is required between customers while waiting in line for mail and plexiglass has been installed for the back package window. Large signage on the sidewalk will explain the new processes.

Bookstore (Zag Shop by Follett): The Zag Shop will provide as many services as possible; hours will be expanded, and additional staff will be working. Signs will outline physical distancing, the use of face coverings, handwashing, and encouraging customers with any illness to avoid shopping. The bookstore will make available all course materials as indicated by professors. Digital copies of all textbooks are being added to fall adoptions to ensure availability. Online orders will continue to be filled in the store as normal. Items can be shipped to any location, picked up in the store, or picked up curbside. The return policy will remain the same for both course materials and apparel. The Zag Shop will remain flexible to accommodate varying customer flow throughout the year, especially during events such as move-in weekend, graduation, Alumni events, conferences, and athletic events.



Hybrid/Flexible Classrooms - Technology Infrastructure: In accordance with current plans, some courses will be taught in a hybrid environment where you may be physically present, and some where you attend through a synchronous online session. All 133 classrooms identified for hybrid online/in-person teaching will have classroom computers and document cameras. All class sessions can be recorded and posted in the Blackboard Learning Management System so you can revisit the lecture after the "live" session is over.

U.S. BANK: U.S. Bank has an automatic teller machine (ATM) at the Hemmingson Center, and the staffed branch will reopen when U.S. Bank determines it can do so. Signs at the branch entrance will outline physical distancing, and appointment scheduling is encouraged for interactions that will take more than 30 minutes. Line management will be in place at the front teller windows and at the ATM to ensure physical distancing of customers waiting to be helped especially for larger events such as move-in weekend, graduation, Alumni events, conferences and athletic events.

Foley Library: Hours for the Foley Center (Library) are currently being evaluated in view of the guidance from the State and the Spokane Regional Health District and will be communicated as we get closer to the opening of the semester. Foley Library staff are available for online support and research needs. Click <u>here</u> to learn more. Additionally, other study spaces will be available around campus.

To learn more about Gonzaga's Facilities, Dining and Other Services plan, visit the ZagOn website





CAMPUS & COMMUNITY EVENTS, PROGRAMS, PERFORMANCES

Currently, Washington state prohibits large events and gatherings. We have established guidelines for implementing or running GU-sponsored events, activities, or programming. Note: these guidelines do not apply to academic (classroom or lab) activities, but may be necessary to support performances, exhibitions, recitals, concerts, guest speakers, public lectures, etc. All activities, events, and gatherings must comply with state and local law and health guidelines, and emergent standards including:

- Maintaining 6 feet of physical distancing between participants
- Screening employees for COVID-19 symptoms before every shift
- Following guidelines for cleaning and disinfection in spaces -
- Minimizing use of enclosed waiting areas and reception areas
- Requiring employees to wear PPE as necessary for their task. The University must provide all PPE necessary for employee work
- Facilitating events outside for as long as possible -
- Requiring you to wear PPE necessary for your participation (you will be provided two face coverings; click here for pickup details)
- Ensuring hand sanitation stations are available in abundance in public areas and that soap and water is available for patrons and employees near sinks
- Posting University-issued signage that encourages customers, guests, visitors, patrons, etc. to wear cloth face coverings
- Following a plan to screen for COVID-19 symptoms, maintaining a visitor log for 4 weeks and having at the ready a small supply of emergency PPE

Commencement 2020

This past year's senior class will be celebrated with a virtual ceremony in groupings on Labor Day Weekend 2020. Commencement Mass will be a streamed, virtual offering as well. For more information, click here.

Myrtle Woldson Performing Arts Center (MWPAC)

MWPAC is operating under a renewed commitment to its mission to support academic instruction, possibly including the delivery of in-person or distanced classroom instruction to departments outside of the performing arts. Events, residencies, and workshops will be vetted and prioritized by campus partners using an internal event request form. This process may include decisions as to whether audiences will be allowed. Equipment, technology, and assistance may be limited at this time. Any performances allowed will ensure usage of PPE, appropriate physical distancing, and be either livestreamed or recorded. All programs will be digitally distributed. Classes/rehearsals may limit the number of attendees with some educational opportunities moved online. Class/rehearsal times may be shortened. Use of Coughlin permanent seating and Recital Hall telescopic seats for classes will not be allowed. All events will require PPE, appropriate physical distancing, and health screenings before each event, and a list of participants provided to MWPAC for contact tracing purposes.







Athletics

Event Attendance: At this time, spectators are not allowed to attend events and games. More information will be made available on our <u>website</u> as the semester progresses.

Mission & **Ministry**

The Gonzaga community routinely gathers to celebrate the Eucharistic feast in the Roman Rite. This fall, indoor services will proceed beginning with Chapel capacity up to 25% with 6 feet of distance between students. Each space can be used with access through the front door. Everyone should wear face coverings before, during and after services and there should be no direct physical contact. Anything consumed may not be presented in a communal container or plate. There will be no choir performances and restrooms are restricted to no more than 2 people at a time with 6 foot distances.

- Mass of the Holy Spirit will be a live-streamed Mass.
- Daily and Sunday Masses will be conducted at 25% capacity until restrictions are lifted. Those wishing to attend Mass will register online, and physical distancing will be observed. Masses may possibly be filmed and streamed online.
- *Retreats* are an important part of growing in faith, exploring spirituality, and building community. This year, the retreat program will be adjusted to include adapted virtual, on-campus* or hybrid formats. Some new experiences will be created with others dropped or postponed to a later date.

*Any in-person elements will be designed to meet current physical distancing/gathering size guidelines, keeping availability of campus spaces in mind as well as outdoor options. All participants will be required to wear cloth face coverings. Mission and Ministry will track registration and attendance for contact tracing.

Fall Family Weekend

Fall Family Weekend celebrates the Zag community and helps you stay connected. This year, Fall Family Engagement will be virtual events with some events in September, October & November. These events will be open to all Zags and their families and may include a virtual 5K, a virtual painting class, and a live stream of activities. More information will be shared this fall.

Activities Outside the Classroom (events, activities, programs, and student clubs)



We recognize the incredible value of gathering as students in both structured and unstructured programs. An inventory of virtual student offerings will be provided online for you to see what is available for your participation. Check the <u>Zag On website</u> for further information. We are making these decisions with your health and well-being in mind and so events will need to be prioritized given new requirements.

Under the best of what remain very challenging circumstances, campus life during COVID-19 cannot be what it was before this pandemic, and activities outside the classroom will reflect this reality and follow the same public health guidance adopted for academic instruction as best as possible. For many students, attending Coffee House, a DICE Soup for the Soul lunch, participating in a hike with Gonzaga Outdoors, or attending a club meeting or event is integral to their Gonzaga experience. Student Affairs staff are closely connected to the work of the Pandemic Response Task Force and are actively pursuing ways to ensure that out-of-class opportunities are accomplished in ways that prioritize the health and safety of students, faculty, and staff.

Given these circumstances, you should not expect there to be large social gatherings on campus during the fall semester, including concerts, large assembly speakers, student organization fairs, picnics, movie nights, banquets, dances, and sporting events. Any in-person activities during New Student Orientation, as well as those outside of academic courses during the fall semester, must be reviewed by the University and structured in small groups, held outdoors or in large indoor spaces, and include best practices for limiting virus transmission, including:

- Wearing cloth face coverings
- Limiting food and drink
- Providing hand sanitizer before, during and after
- Observing 6 feet for physical distancing

To the extent possible, student services provided this fall will be through remote delivery. Services that are provided in-person must adhere to guidance for physical distancing, barrier devices, access control, cleaning and sanitizing, signage and traffic flow, minimization of enclosed waiting and reception areas, staff wearing face coverings in all interactions, and visitor logs.

Our intention is to provide a balance of in-person and virtual programs. We recognize that so much of student development and learning also happens outside the classroom, and we are hoping to create as many hybrid events as possible. Opportunities for leadership, community engagement, and campus events will exist – they'll just look a bit different. Be ready to engage in more virtual programming and gather in smaller groups.

To learn more about Gonzaga's Campus & Community Events, Programs, Performances plan, visit the <u>ZagOn website</u>





COVID-19 creates a health and safety concern for campuses around the world. The risk of transmission and exposure on University campuses is augmented by the cultural and operational standards of these institutions. Operating procedures are being evaluated with three goals:

- 1. Creating transferrable procedures and protocols without altering current practices and responsibilities
- 2. Developing anticipated new protocols and procedures
- 3. Making recommendations on how Campus Security & Public Safety can partner with the needs of constituents on and off campus

The safety and security of campus remains fundamental to how behavioral changes (in accordance with public health needs) are promoted. The risks presented by COVID-19 produce stress that can manifest in a variety of ways. We must balance public health needs with general care and concern for all individuals involved. Clear adherence to public health protocols and protection of the campus community will only be as effective as our communication of expectations and enforcement of those expectations being linked to education. Following are guidelines for campus safety and security:

Residence Hall Incident Response: Protocols are in place for incident response involving entrance into residence halls or students' housing assignments. These include understanding use of face coverings and other recommended health procedures.

Failure to Observe Public Health Behavior Response: It is critical that all of us are active participants in the work of mitigating transmission and conducting ourselves in a manner appropriate to this circumstance. Compliance with all required public health practices outlined in this Guide is expected of all of you:

- Our Student Code of Conduct addresses misconduct, which would include refusing to wear a face covering or not practicing physical distancing. Reviewing the COVID-19 Notice & Acknowledgement of Student Risk document at the end of this Guide indicates that you will comply with all requirements.
- An information card will be given to individuals observed not adhering to recommended public health behaviors. Language/messaging will be posted around campus to inform visitors about Gonzaga's expectations.

University Identification: It is recommended that you carry your Gonzaga ID card on your person while on campus. Additionally, you should obtain a form of visitor pass/ identification for guests from the appropriate location on campus.

Access Control:

Buildings: External building card-access doors will be locked 24/7. When appropriate, internal doors should be opened to facilitate airflow. You can use card-access keys to access doors. Manually-locked doors should remain open during business hours and configured to meet appropriate traffic flow (e.g., one-way entrance and exits, etc.) with clear signage.

Identification: You should wear your GU ID in a visible fashion for easy identification, particularly given the need to wear cloth face coverings.

Campus Rides and Transportation: CSPS will offer critical transportation on-campus, with your GU ID, as long as you are wearing appropriate PPE (at a minimum a cloth face covering), are not symptomatic/sick, and no more than 1 rider is in the vehicle.

To learn more about Gonzaga's Campus Safety & Security plan, visit the ZagOn website

FITNESS CENTER, INTRAMURALS & CLUB SPORTS

Gonzaga University Athletics is committed to the safety and well-being of our students and staff. Our goal is for you to exercise and enjoy physical fitness in a safe and healthy environment.

PERSONAL SAFETY PRACTICES

Face coverings must be worn when in the presence of others and in settings where other physical distancing is difficult to maintain (e.g., weight rooms, meeting rooms, training rooms, locker rooms, classrooms, entrance and exit locations). You should stay at least 6 feet from other people at all times, do not gather in groups, stay out of crowded places and avoid mass gatherings and practice consistent handwashing.

THE RUDOLF FITNESS CENTER (RFC) will have limited access at the start of the semester. More information will be available as the semester progresses and further guidance from the State and SRHD is provided. The number of patrons in each area of the facility will be limited. All facility access will be through a reservation system (EMS). The pool will remain closed until we are approved to reopen; but some intramural and fitness classes will be offered. The RFC staff will sanitize and clean each piece of equipment after each session.

When operational, the RFC will be open in time slots of 45-minute increments for patrons to reserve and complete their workout. You will be asked to reserve a time slot and equipment prior to entering the RFC. After each 45-minute reservation period, RFC staff will sanitize the equipment and facility before the next reservation period is permitted to begin in the facility.

- **Guidelines:** If you are not feeling well or have been in contact with anyone who has been sick, you should stay home. You will be limited to reserved equipment during a reservation slot.
- **Reservation Guidelines:** All equipment must be reserved using Gonzaga's EMS software. No walk-ins are permitted. The following steps will be required to reserve time and equipment:
 - o Visit Gonzaga's EMS site
 - o Select time slot and desired equipment
 - o Fill out the form and submit request
 - o Once request is approved, a confirmation email will be sent
 - You will have 45 minutes to complete a workout with reserved equipment and exit the facility. PA announcements will be made to remind patrons of physical distancing and time remaining on the 45-minute time slots. To exit, you will follow the directional arrows to the fieldhouse doors.
- Closed Areas: Locker rooms and showers are closed at this time and day-use lockers will not be available at this time. You will be asked to limit items and to keep personal belongings next to your equipment station. The following areas are closed for use at this time: Track, Field House Basketball courts, and Pool.
- Cleaning, Disinfecting & Safety Precautions: RFC staff will sanitize and clean each piece of equipment after each exercise session. Equipment will be arranged to allow 12' physical distancing between patrons. Doors will be propped open as needed to limit contact. There will be a designated entrance and separate exit. Directional signage designating flow patterns of movement will direct traffic for patrons. Reservations will be staggered and there will be





multiple lines to create clear separation for physical distancing. Stations with hand sanitizer and X wipes will be provided to the patrons to clean equipment before and after use. A barrier of plexiglass will be placed at the front desk between patrons and on-duty staff members.

Updates and information on the Rudolf Fitness Center will be made through Morning Mail, the RFC website, the RFC Instagram (@Gonzaga_RFC) and other social media channels as well as confirmation and MLeagues.com emails.

INTRAMURAL ACTIVITIES will have limited shared-touch points. We will follow all local, state and CDC requirements regarding our activities which may include of mixture of non-contact and minimal contact sports, with physical distancing applied (including virtual activities such as the Step Tournament and 5K). Sanitization will be important to maintain cleanliness of equipment. For additional protocols and procedures specific to intramural activities, click here.



Equipment use alternated by day (set is used on Monday, different set used Tuesday and so on) to allow for sanitization between uses

A reopening plan will be added to the website and IMLeague.com page. You will get additional information and updates via Morning Mail, Social Media, IMLeagues.com emails. Captains meetings will be hosted prior to each season/sport to answer questions and share changes. For more information about specific intramural sports, click here.

CLUB SPORTS are currently undergoing evaluation to determine if and how they can operate during the Fall. As COVID-19 continues to be present, we strive to assist our clubs in being able to operate in the safest way possible. Guidance from Department of Education, Washington State, and the Spokane Regional Health District will be used to determine what is possible. If you have any questions or concerns, and for further updates, please email getinvolved@gonzaga.edu.

INTERCOLLEGIATE ATHLETICS

Following state, local and NCAA guidelines, plans and protocols have been developed for the safe return to college sports. Student-athletes may reach out to their coach for further details and questions pertaining to their team.

To learn more about Gonzaga's Fitness Center, Intramurals & Club Sports plan, visit the ZagOn website

What to Expect on Campus

WHAT TO EXPECT ON CAMPUS

Phased Move-In

Students living on campus will be asked to return to campus in phases over time in a coordinated process to ensure appropriate physical distancing, face covering usage, and other public health requirements.

SELF-CERTIFICATION & ACCOMODATIONS

Daily Symptom Monitoring Requirement (Self-Certification)

The State of Washington *Campus Reopening Guide* indicates baseline recommendations for campus safety. Asking students to self-certify that they are free from COVID-19 symptoms, have not been diagnosed with COVID-19, and have not been exposed to COVID-19 is a baseline recommendation. Isolation and quarantine may be a necessary result of the self-certification process if any one of these criteria cannot be met.

You will be required to conduct symptom monitoring every day using the self-screening app before attending class or any campus activity, utilizing the specified application that all students will be required to download. If you will be on campus you must take your temperature each day before leaving your residence for academic or social-related purposes. Should there be an occasion in which your temperature is checked on campus, thermometers used at Gonzaga University will be 'no touch' or 'no contact' to the greatest extent possible.

Your privacy is of utmost importance. While meeting this requirement, protection of your personal health information is a top priority. The University will work diligently to maintain confidentiality and manage any personal information in a secure manner.

According to SRHD, people with COVID-19 have a wide range of symptoms, from mild symptoms to severe illness. Symptoms may appear **2-14 days after exposure to the virus** and are most often:

• Cough or shortness of breath/difficulty breathing

or at least two of these symptoms:

- Fever (100.4 degrees or higher)
- Chills, or repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

You must self-certify that you are free of ANY symptoms potentially related to COVID-19 to be eligible to attend class or other campus activities. If you do have symptoms or are positive for COVID-19, you will need to consult with Gonzaga University Health and Counseling Services or your healthcare provider before you return to campus. Again, the self-certification process will be available through an online and mobile app.

Protocol for Reporting Symptoms

If symptoms develop, you must immediately return to your residence and:

- Not attend class or any campus activity
- Self-isolate until cleared to return to class and activities
- Consult Gonzaga University Health and Counseling Services (HCS) or your healthcare provider

When returning after an extended illness, you will need clearance by HCS or your health care provider.

Leaves and Accommodations: If you have concerns about attending class or activities due to a medical condition that places you in a high-risk group, are pregnant, or wish to seek ADA Reasonable Accommodations, you should contact the Disability Access office at (509) 313-4134.

High-Risk Populations: According to the CDC, there are certain people who may be at higher risk for developing COVID-19. This includes older adults and people with certain medical conditions. For a comprehensive list of those at higher risk due to certain medical conditions, please visit the <u>CDC</u> <u>website</u>.

If you inform the Disability Access office that you have a medical condition of concern, they will work with you to verify this information and assist with appropriate PPE access and accommodations.

HEALTH & SAFETY: CAMPUS EXPECTATIONS & GUIDELINES

You are expected to fully comply with the policies, protocols, guidelines, and directives from the *Student Arrival and Return to Gonzaga Guide* and established protocols in the future related to COVID-19. Failure to do so may result in corrective action.

Face Coverings

Face coverings must be worn while on campus in the presence of others and in public settings (common workspaces, meeting rooms, classrooms, etc.). Face coverings are not needed when you are in your own room. Appropriate use of face coverings is critical to minimize risks to others. You can spread COVID-19 to others even if you do not feel sick. Face coverings are not a substitute for physical distancing. You will be provided two face coverings (click here for pickup details).

Putting on the cloth face covering:

- Wash hands or use sanitizer prior to handling the face covering.
- Ensure the face covering fits over the nose and under the chin.
- Tie straps behind the head and neck or loop around the ears.
- Must fit snugly against the sides of your face.
- Avoid touching the front of the face covering.
- Make sure you can breathe easily.

Taking off the face covering:

- Untie the strings behind your head or stretch the ear loops.
- Handle only by the ear loops or ties.
- Fold outside corners together.
- Place covering in the washing machine.
- Be careful not to touch your eyes, nose, and mouth when removing.
- Wash hands immediately after removing.

Care, storage, and laundering:

- Store face coverings in a paper bag when not in use.
- Cloth face coverings may be worn one day and washed after use.
- Cloth face coverings should be properly laundered with regular clothing detergent before first use, and after each shift or workday.
- Cloth face coverings should be replaced immediately if soiled, damaged (e.g., ripped, punctured) or visibly contaminated.
- Disposable masks are intended for temporary use and must not be worn for more than one day.

Physical Distancing: Maintaining at least 6 feet distance from others is one of the best ways to avoid being exposed to the COVID-19 virus and slowing its spread. Physical distancing is for everyone, especially to help protect people who are at higher risk of getting very sick. You should stay at least 6 feet from other people at all times, not gather in groups and stay out of crowded places and avoid mass gatherings.

Handwashing: Wash your hands often with soap and water for at least 20 seconds, especially after being in a public place, blowing your nose, coughing, sneezing or touching your face. If soap and water are not readily available, use hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until dry. Avoid touching your eyes, nose, and mouth, and wash your hands after touching your face.

Room Disinfection: While custodial crews will continue to clean spaces based on CDC guidelines, additional care should be taken to clean personal spaces and commonly used surfaces. Before you leave your room or any space/room in which you have been working, wipe down all work areas with EPA-registered 60% alcohol solution which will be provided in common spaces.

Coughing/Sneezing Hygiene: If you are in a private setting and do not have on your face covering, cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow. Throw used tissues in the trash. Immediately wash hands with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.

Public Transportation: If you take public transportation, wear a face covering before entering the vehicle and avoid touching surfaces. Upon exiting the vehicle, wash your hands or use hand sanitizer with at least 60% alcohol as soon as possible and before removing your face covering.







SPECIFIC SCENARIOS

Wayfinding Protocols: Physical distancing is a significant way of reducing transmission risk, so where possible 6 feet of distancing should be maintained. If more than one person is in the room, face coverings should be worn. Face coverings should be used in any facility where others are present, including walking in narrow hallways where others travel, in working rooms, in classrooms, common areas and other meeting locations. Visual cues, such as floor decals and signs, will be displayed to indicate where to wait while standing in a line.

Restrooms and Drinking Fountains/Bottle-filling Stations: You are expected to keep at least 6 feet of distance in restrooms. Please be mindful of the number of individuals inside a restroom, and limit occupancy. Wash your hands thoroughly afterward to reduce the potential transmission of the virus. Drinking fountains and bottle-filling stations are open for use and will be disinfected regularly.

Elevators and Stairs: No more than one person may enter/exit an elevator at a time. Please use the stairs whenever possible, walking up and down the stairs on the right-hand side. If using the elevator, wear your face covering and avoid touching elevator buttons with exposed hand/fingers, if possible. Wash your hands or use hand sanitizer (at least 60% alcohol) when departing.

Laboratory Work: Specific criteria, provided by the Provost and Academic Deans, will be developed for those working in laboratory environments.

Meals: Before and after eating, wash your hands thoroughly. When dining on campus, wear face coverings until ready to eat and then replace it afterward. Eating establishments will meet the various phased reopening requirements. Individuals should not sit facing one another. Consider taking food back to your dorm room, home, or eat outside if possible. Wipe all surfaces, including the table, refrigerator handle, coffee machine, etc., after using in common areas.

In-person studying: Rooms should not exceed 50% of original capacity, allowing individuals to maintain 6 feet of separation. Each room will have a sign identifying maximum capacity for physical distancing according to its size. Remove or rearrange chairs and tables or add visual cue marks for physical distancing. Tables, chairs, doors, and teleconferencing equipment must be sanitized immediately after each meeting to be ready for the next users.









BUILDING SECURITY

To ensure an appropriate level of safety and physical security on campus, Gonzaga facilities will remain accessible by card-key only for the time being. As such, doors without card-access entry will not be available for general daily entry and exits. As buildings are unlocked, card swiping may be required for entry to and exit from buildings for the sole purpose of contact tracing should the need arise. Buildings will be evaluated for additional card access equipment.

All building and department reception areas will have visitor logs. Departments will ensure logs record when individuals (such as prospective students, families, alumni, donors, visitors) have entered and exited the facility. Completed visitor logs must be retained by the department for at least four weeks.

We're Here for You

WE'RE HERE FOR YOU

PHYSICAL, MENTAL, SPIRITUAL & EMOTIONAL WELL-BEING

Gonzaga University is committed to a holistic model of well-being and health. As such, we endorse a humanistic model that builds on the individual strengths of each of us and a deep sense of community to attain and to maintain holistic health. You possess character strengths of perspective, perseverance, social intelligence, spirituality, teamwork, leadership, and self-control.

We can only imagine the impact COVID-19 has had on you, your family and loved ones. Some students have reported feeling confused, anxious, and stressed. Despite your best efforts, it can be difficult to maintain your mental health during a pandemic. You are not alone, and our community is here to provide you with the resources you need to cope with this crisis and your emotional experience during this time. As a Gonzaga student, you have access to expert advice from healthcare professionals for many medical and health-related needs:

- Gonzaga University Health & Counseling Services: (509) 313-4052
- 24-Hour NurseLine: Talk to a registered nurse at no charge: (800) 841-8343
- Providence Sacred Heart Medical Center: (509) 474-3131
- MultiCare Deaconess Hospital: (509) 473-5800

MENTAL HEALTH

Gonzaga University recognizes that emotional and psychological well-being are essential components of a student's health. We are committed to allocating resources to mental health treatment and education efforts. We understand that emotional, social, and financial disruptions, in combination with 24/7 media coverage, and the associated fear and uncertainty surrounding this pandemic, may take a toll on your well-being. Studies tells us this can lead to depression, anxiety, substance use, anti-social behavior and other difficult or potentially self-destructive responses. Innovative approaches at Gonzaga are being used to extend resources further as this pandemic continues to affect the mental health of students, faculty, and staff. Gonzaga's holistic approach to promoting a healthy community helps to foster an ethos of "cura personalis" that focuses on the well-being of the whole person.

Listed below are some of the excellent resources students can access during this challenging time:

- Early Education/Messaging: Substantial information found in the #ZagOn campaign, Positive Messages Campaign
- COVID Care Packages
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- Crisis Text Line: Text HOME to 741741
- Print Resources: Wellness Tips/Care Cards
- **Trainings**: Mental Health First Aid, Suicide Prevention, Zags Help Zags, and information on other campus resources

- Virtual Resources and Information: <u>Online Wellness Toolbox</u>, <u>COVID-Related</u> <u>Information Hub</u>
- Virtual Services & Education: "Let's Talk" virtual drop-in sessions for students, workshops, mindfulness practice, skill building programs, "Calling All Zags" coordinated outreach program, identifying at-risk students, Wellness Toolbox
- Non-Clinical Interventions (Case Management): Support/coordination for students testing positive for COVID, support for students whose mental health is impacted but do not require/desire clinical intervention, connecting "well" students to on & off campus resources, consultation for staff, faculty, students, families of students of concern, outreach to students of concern & students not engaging in class
- Clinical Interventions: Tele-mental health care for individuals, virtual group sessions, careful attention and response to suicidal thoughts and behaviors
- Wellness Toolbox, Health Check, Campus & Community resources
- Other Links:
 - o <u>Seize the Awkward</u>
 - o NAMI COVID-19 Resource and Information Guide
 - o <u>Active Minds</u>
 - o <u>6 Daily Questions to Ask Yourself in Quarantine</u>
 - o <u>COVID-19 Resource Guide</u>
 - o <u>Steve Fund Knowledge Center</u>
 - o How LGBTQ Youth Can Cope with Anxiety and Stress During COVID-19
- Tip Sheets for:
 - o Staying Educated
 - <u>About Coronaviruses</u>
 - Understanding & Preventing COVID-19
 - Health & Safety Resources
 - o Staying Mentally Healthy
 - <u>Coping with Stress During Infectious Disease Outbreaks</u>
 - Mental Health and Coping During an Outbreak
 - Managing Pandemic Stress
 - o Mindfulness, Mental Health First Aid and Meditation toolkits

If you need mental health support, please contact the Center for Cura Personalis at (509) 313-2227 and/or Health & Counseling Services at (509) 313-4052. Students can also refer a friend using the online <u>Refer form</u>.

YOUR SPIRITUAL & EMOTIONAL WELLNESS: OFFICE OF MISSION & MINISTRY RESOURCES

The Office of Mission and Ministry is available to meet with you and talk about faith, life, joys, sorrows, questions, and whatever is on your heart. Click <u>here</u> for contact information and a video or find the Digital Ministry Schedule <u>here</u>.

A LETTER TO OUR PARENTS & FAMILIES: RESOURCES FOR YOU

Hello Gonzaga Families,

We know you are preparing for your Zag to start or return to their college career under a particularly challenging set of conditions. Over the past few months, you have shown great resilience in establishing new traditions and alternate ways to celebrate cherished milestones, certainly helping us establish our new norm here at GU. This academic year will be unlike anything we have seen before. Know that we are committed and focused on providing the highest-quality student and family experiences that will protect you and your Zag's personal, public health, and well-being. We cannot fully express how much we value you as a partner in your student's education. Even as COVID-19 continues to transform our world, our community spirit remains as strong and as vital as ever. The entire university community has responded to these recent challenges with creativity, compassion, and a shared commitment to our mission.

Gonzaga understands the important role that family members play in their students' lives and educational success. Continued communication and support from family members during this unique time can contribute immeasurably to the success and well-being of Gonzaga students. We need your support and continued guidance for your Zag now more than ever. It is with thoughtful consideration that Gonzaga has worked diligently to provide programs with your student's wellness and safety concerns related to COVID-19 in mind. Our support for our Zag families is unending. We will not cancel family programs, communications or special events. If necessary, we will provide an alternative online delivery of our family programs and services. In times like these, we need to support each other like never before.

The Parent and Family Relations staff is here to provide support and services to you. We will provide regular updates via the <u>family portal</u>, newsletters, webinars and social media (@GonzagaFamilies) so you can partner with us to help keep your Zag and our Gonzaga community safe. We need your support to ensure that guidelines on physical distancing and safety protocols are followed as you visit campus and in conversations with your Zag. These protocols will be critical as your Zag returns to classrooms, labs, residence halls, and Logan neighborhood.

In moments like this, we recognize the need to be flexible with our community and with one another. Strategies for fall instruction may evolve into a blend of online and face-to-face classes for some students. Know that we will also take extra precautions to protect the most vulnerable among us. There will be disruptions, but they will be necessary for us to get back to our community, friends, and campus in the safest and most responsible ways.

As you prepare to support your student in this new normal at Gonzaga, know that our team is here for you. If you have any questions or concerns, or if you need assistance in any way, please contact us at <u>families@gonzaga.edu</u>.

United We Zag,

Amy Swank

CONTACTS FOR SUPPORT



It is very understandable that you will have questions pertaining to your unique circumstances, major, and more. Following are campus contacts to reach out to with more specific questions:

GU's Coronavirus (COVID-19) Information & Resources	
GU Call Center/COVID-19 Hotline	(509) 313-7070
Health and Counseling Services	(509) 313-4052; <u>studenthealth@gonzaga.edu</u>
<u>Study Abroad</u>	(509) 313-3549; <u>studyabroad@gonzaga.edu</u>
Office of Diversity, Inclusion, Community & Equity	(509) 313-4100
Foley Library Resources	(509) 313-5931
Student Affairs Office	(509) 313-4013
Housing & Residence Life	(509) 313-4103
Parent & Family Office	(509) 313-4154
Center for Student Academic Success	(509) 313-4047
Move-In Weekend	(509) 313-4103
New Student Orientation	(509) 313-4346
Office of Mission & Ministry	(509) 313-4242
Campus Security & Public Safety	(509) 313-2222
Spokane Regional Health District	(509) 324-1500
Washington Department of Health	Coronavirus Call Center: +1 (800) 525-0127
CDC	

Additional Questions?

For general questions or for more information, visit <u>www.gonzaga.edu/zagon</u> or call the hotline at (509) 313-7070.

COVID-19 Notice & Acknowledgement of Student Risk

GONZAGA UNIVERSITY ACADEMIC YEAR 2020-21 COVID-19 NOTICE & ACKNOWLEDGEMENT OF STUDENT RISK

Each student making the decision to participate in academic, student life, residence life, and/or athletic programs ("Program(s)") at the Gonzaga University Spokane Campus during Academic Year ("AY") 2020-21 should only do so after considering the risks described in the following paragraphs.

Each student must make an individual voluntary decision to participate in the Program(s) based on their individual health status and other personal considerations.

Coronavirus (COVID-19) is a disease caused by a virus that can spread from person to person. The virus that causes COVID-19 is a new coronavirus that has spread throughout the world. COVID-19 symptoms can range from mild (or no symptoms) to severe illness and even death. A person can become infected by coming into close contact (about 6 feet, or two arm lengths) with a person who has COVID-19. A person can become infected from respiratory droplets when an infected person coughs, sneezes, or talks. A person may also become infected by touching a surface or object that has the virus on it, and then by touching their mouth, nose, or eyes. Much remains unknown about the virus and we continue to learn about the disease and associated symptoms.

A person infected with the virus that causes COVID-19 may be asymptomatic, suffer mild discomfort, or experience severe illness, including death. Persons in the following categories are at higher or increased risk for developing more serious complications and/or severe illness from COVID-19:

- Older adults.
- People of any age with the following conditions are at increased risk of severe illness from COVID-19:
 - o Cancer;
 - o Chronic kidney disease;
 - o COPD (chronic obstructive pulmonary disease);
 - o Immunocompromised state (weakened immune system) from solid organ transplant;
 - o Obesity (body mass index [BMI] of 30 or higher);
 - o Serious heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies;
 - o Sickle cell disease; or
 - o Type 2 diabetes mellitus.
- Children who are medically complex, who have neurologic, genetic, metabolic conditions, or who have congenital heart disease are at higher risk for severe illness from COVID-19 than other children.
- People with the following conditions **might be at an increased risk** for severe illness from COVID-19:
 - o Asthma (moderate-to-severe);
 - Cerebrovascular disease (affects blood vessels and blood supply to the brain);
 - o Cystic fibrosis;
 - Hypertension or high blood pressure;
 - Immunocompromised state (weakened immune system) from blood or bone marrow transplant, immune deficiencies, HIV, use of corticosteroids, or use of other immune weakening medicines;
 - o Neurologic conditions, such as dementia;
 - o Liver disease;
 - o Pregnancy;
 - Pulmonary fibrosis (having damaged or scarred lung tissues);

- o Smoking;
- o Thalassemia (a type of blood disorder); or
- o Type 1 diabetes mellitus.

Students who are at <u>high risk</u> or <u>increased risk</u> for severe illness from COVID-19 should consider contacting the Student Disability Access Office as soon as possible to discuss possible reasonable accommodations such as participating in distance education courses only during academic year (AY) 2020-21 and/or postponement of their participation in Programs at the Spokane Campus until after AY 2020-21. If a student elects to participate exclusively in Gonzaga University-delivered distance education or pause their academic progress during all or part of AY 2020-21 rather than participate in Programs at the Spokane Campus during AY 2020-21, their progress toward degree completion may be delayed.

There is currently no vaccine to protect against COVID-19. There are no non-investigational drugs or other therapeutics presently approved by the FDA to prevent or treat COVID-19. The best way to protect oneself is to avoid being exposed to the virus that causes COVID-19.

In accordance with its Mission, Gonzaga University holds as paramount the health, safety, and welfare of every member of its community. Having said that, the reality is the University cannot guarantee a COVID-19-free environment. This is simply not feasible.

Taking steps to minimize the risk of COVID-19 infections (or any other spread of disease) at Gonzaga University is a shared responsibility. Every member of our community – including individual students -- must do their part. This means adhering to national, state, and local health guidelines and requirements, and adhering to those measures Gonzaga University deems safe and appropriate for its campus. Specific details will be provided as circumstances dictate, but these may include measures such as: temperature checks, physical distancing, wearing cloth face coverings or other facial coverings, using other personal protective equipment, not attending Programs if sick, and isolating and quarantining when required.

Students must agree to do all of this not just for themselves but for the safety of others, and because this is consistent with their obligations as members of the Gonzaga University community.

Students making the decision to participate in Programs at the Spokane Campus during AY 2020-21 must understand that there **are inherent risks associated with this decision that cannot be eliminated regardless of the care taken to avoid infection** and that they may contract COVID-19 and infect others.

The risks of participating in Programs at the Spokane Campus during AY 2020-21 include, but are not limited to, respiratory failure, organ failure, paralysis, death, exacerbation of existing health conditions, stress, social-stigmatization, and/or spreading the infection to others. Although the University will be taking steps to mitigate these risks, the University cannot guarantee that students will not become infected and/or infect others.

By voluntarily deciding to participate in Programs at the Spokane Campus during AY 2020-21, each student acknowledges their individual responsibility to comply with the following requirements

(which may be modified as the University receives additional guidance and conditions change):

- frequently check themselves for any symptoms of COVID-19 and maintain ongoing awareness of whether they are experiencing any symptoms;
- notify a healthcare provider immediately and not attend Programs if they become sick and/or exhibit any of the following symptoms of COVID-19: fever (100.4F or higher) or chills, shortness of breath or difficulty breathing, cough, fatigue, sore throat, congestion or runny nose, headache, muscle or body aches, diarrhea, nausea or vomiting, and/or the new loss of sense of smell;
- comply with the public health requirements and directives issued by Gonzaga University, the City of Spokane, the Spokane Regional Health District, the Washington Department of Health, other Washington state agencies, and the Washington Governor, including temperature checks, physical distancing, wearing cloth face coverings or other facial coverings, using other personal protective equipment, not attending Programs if sick, and isolating and quarantining when required; and
- understand that their decision to participate in Programs at the Spokane Campus during AY 2020-21 may result in additional costs, including healthcare costs, travel cancellation and rescheduling costs, and additional food and lodging costs for students not in University housing or without University meal plans, including, but not limited to, costs arising from isolation and quarantine. International students may arrange for housing and dining associated with their 14-day quarantine upon arrival at the University by contacting campus housing.

Students should contact GU Health and Counseling Services at 509-313-4066 if they believe they have been exposed to COVID-19.