

2022 CAUDIT Coaching for Enhanced Effectiveness program



Coaching deals with employee growth, development and achievement by removing roadblocks to performance and enhancing creativity.

Coaching isn't counselling and it differs from mentoring too. Coaching enables the person to create and develop their own best practices, connections and resources through either peer or professional coaching.

| Benefits of Coaching to the Individual | Benefits of Coaching to the Organisation |
|---|---|
| <ul style="list-style-type: none"> • Promotes professional career growth • Enhances skills • Increases self-confidence and self-esteem • Identifies weak areas and turns them into potential successes • Enhances problem analysis • Provides an opportunity to think about a better work role and career • Gives a targeted focus in the aspect of training and development | <ul style="list-style-type: none"> • Higher employee retention • Competitive advantage with more skilled and well-performing employees • Increased skill set and knowledge levels of the people • Greater chances of attaining goals • Full utilisation of human resources • Strengthening of company culture and ethics. |

The benefits of Coaching can improve the workforce of a company, improve employee morale and help achieve your organisations goal. Companies that offer training alone experience 22.4% increase in productivity, but when combined with coaching that figure rises to 88%¹.

Coaching for enhanced effectiveness

Using the Coaching Program as a starting point, or as an add-on enhancement to your current training, you can chose to participate in either three or six one-on-one monthly coaching sessions exploring concepts and solutions specific to your situation.

One-on-one coaching sessions typically last between 45-60 minutes, are confidential and are held online. For a structured approach throughout the program, the topics below may be used to frame your sessions:

- Identifying barriers to effectiveness
- Goal setting
- Solutions to challenges in the workplace
- Action plans
- Accountability for actions

Alternatively, for the three month program you and your coach may decide to follow an organic approach to your coaching and allow each session to evolve depending on what you want to focus on.

Before your first session you will complete a templated summary about yourself and your current situation so that you and your coach can hit the ground running and maximise your time in the sessions.

For an enhanced insight into your personal behaviours you may wish to include the use of the [LSI 360-degree feedback tool](#) which gives clear direction on actions to be taken to return different outcomes. The inclusion of the LSI profiling increases the effectiveness of your coaching sessions exponentially.

Your Coach

Your program will be delivered by Greg O'Brien, from [paceLearning](#). Greg has worked in many universities across Australia and New Zealand as a facilitator, trainer and coach in areas of leadership, teams, strategic planning and in improving team and individual performance. He personally coaches in excess of 100 people per year, delivers the successful CAUDIT Managers Program, and is highly regarded.

¹ Gerald Olivero, Denise Bane & Richard Kopelman, Public Personnel Management.

When does the program start?

You can sign-up to the coaching program at anytime throughout the year. The program registration aligns to the start of each month. Because the structure of your sessions are personalized to you, once you register, you will be connected with your coach and can then schedule in your one-on-one sessions so that they fit in with your existing commitments.

Register for the 2022 CAUDIT Coaching Program

| Three month coaching program | Six month coaching program |
|------------------------------|----------------------------|
| \$935 coaching | \$1,760 coaching |
| \$1,430 coaching plus LSI | \$2,255 coaching plus LSI |

NB: Prices above include GST. Credit card fee of 2.5% plus .50c per transaction applies.

When you register - select the immediate next date from the dropdown menu from the day that you are registering on. Eg if you are registering anytime in March, select 1st April as your event date.

Click this link to register for the 2022 CAUDIT Coaching Program: <https://events.humanitix.com/2022-coaching-program>

Questions about the CAUDIT Coaching Program

If you have any questions regarding the program please contact Cassandra.spencer@caudit.edu.au