

Name: _____

Goal Period From: _____

Date: _____

To: _____

ppSSMP Lesson 3 Goal Setting

ALL

My Legacy

Love

Returned

1. _____
2. _____
3. _____

Your Legacy ≈ Prime Motive
Legacy = Levity

Notes:

WE

1. _____
2. _____
3. _____

Love is Given

Values Goals

Alignment
of
Interests &
Energy

1. _____
2. _____
3. _____

Passivity/Apathy = > Gravity!?

10 Legacy Components

- | | | |
|--|---|------------------------------------|
| <input type="checkbox"/> Values | <input type="checkbox"/> Responsibility | <input type="checkbox"/> Geography |
| <input type="checkbox"/> Income | <input type="checkbox"/> Purpose | <input type="checkbox"/> People |
| <input type="checkbox"/> Passion! | <input type="checkbox"/> Working Conditions | <input type="checkbox"/> Dream |
| <input type="checkbox"/> I Feel Good When I? | | |

Your Value Set Underlies Your Legacy

- | | | | |
|---------------------------------------|--|--|--------------------------------------|
| <input type="radio"/> Physical Health | <input type="radio"/> Space Needs | <input type="radio"/> Mental Health | <input type="radio"/> Social Needs |
| <input type="radio"/> Eating Habits | <input type="radio"/> Time Management | <input type="radio"/> Spiritual Health | <input type="radio"/> Cultural Needs |
| <input type="radio"/> Rhythm(s) | <input type="radio"/> Emotional Health | <input type="radio"/> Family Needs | <input type="radio"/> My Purpose |