

# PREGNANCY AND RELATED CONDITIONS



#### **TITLE IX OF THE EDUCATION AMENDMENTS OF 1972**

is a federal civil rights law that prohibits discrimination on the basis of sex, including pregnancy and parental status. CBU will provide a range of reasonable adjustments to students who need them due to pregnancy and childbirth.

#### STUDENT RIGHTS

CBU will provide reasonable adjustments to students who need them due to pregnancy for as long as it is medically required. Adjustments are assessed case-by-case with interactive dialogue between the faculty/staff member and the student. Adjustments may include changing a student's schedule, providing an oversized desk granting elevator access, assigning a convenient parking spot, or allowing frequent restroom trips.

## **DISCLOSURE IS VOLUNTARY**

Disclosure is voluntary, and the student can disclose and affirmatively seek any necessary adjustments.

Once a student discloses a pregnancy, CBU will collaborate with the student to develop an appropriate plan to preserve access to the education program based on their individual needs, which may change over time.

A student seeking an adjustment because of pregnancy should contact the Title IX Coordinator at **titleix@cbu.edu or (901) 321-3254**. The Title IX Coordinator will explain the next steps.

#### **LACTATION SPACES**

Private lactation spaces will be provided upon request.

#### **EXAMPLES OF MEASURES FOR STUDENTS:**

Students are entitled to absences or medical leave for pregnancy and related conditions. CBU will:

- Not discriminate against or exclude any student, or exclude any student from their education program or activity, including any class or extracurricular activity, based on a student's pregnancy or pregnancyrelated condition
- Prohibit harassment based on pregnancy or pregnancy-related conditions
- Treat pregnancy-related conditions like any other temporary disability regarding medical benefits, services, or policies.
- Provide leave to pregnant students and students with pregnancy-related conditions for as long as the student's physician deems medically necessary.
- Ensure its instructors' policies and practices do not discriminate against students because of pregnancy or pregnancy-related conditions.
- If grading is based partly on class attendance or participation, allow students to earn missed credits and be reinstated to the student's preleave status.
- Provide the student with the same services it provides to students with temporary medical conditions, including online instruction, tutoring, and/or independent study.



## **CBU EMPLOYEES**

Federal and state laws prohibit discrimination on the basis of pregnancy or a condition related to pregnancy. Employees have a legal right to a reasonable accommodation in the event pregnancy causes or contributes to a disability, and the accommodation does not impose an undue hardship on CBU.

CBU provides reasonable accommodations to employees who are pregnant or who have a condition related to pregnancy. Some potential options are:

- Change job duties
- Change work hours
- Temporary relocation
- Provide mechanical or electrical aids
- Transfer to less strenuous or less hazardous positions
- Provide leave

Every situation is different and requires an interactive conversation with your employer to decide what accommodation best suits your needs.

## **LACTATION BREAKS**

Private lactation spaces will be provided upon request. Employees may take reasonable breaks to express milk as long as their work needs can be efficiently and effectively met.

#### **DISCLOSURE**



Disclosure is voluntary. Employees can decide whether to disclose and affirmatively seek any necessary accommodations.

When a student requests an adjustment or shares a pregnancy-related condition, the employee is required to notify the Title IX Coordinator by email at: titleix@cbu.edu. This will enable the Coordinator to offer to meet and ensure they are informed of their rights and document any CBU response.

# **EXAMPLES OF MEASURES FOR EMPLOYEES**

Employees are entitled to absences or medical leave for pregnancy and related conditions. CBU will:

- Not discriminate against or exclude from employment any employee or applicant on the basis of pregnancy or pregnancy-related condition
- Prohibit harassment based on pregnancy or pregnancy-related conditions
- Treat pregnancy and pregnancy-related conditions the same as any other temporary disability for all job-related purposes
- Treat pregnancy-related conditions as justification for a leave of absence without pay for a reasonable period of time.
- Reinstate the employee to preleave status or to a comparable position without reduction of compensation or loss of promotional opportunities or any other employment rights or privileges.

# **ANY QUESTIONS?**

Use the QR Code to access the Title IX Website. Request a an accommodation by email at titleix@cbu.edu or call (901) 321-3254

