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# Sciences Newsletter

Official Newsletter for CBU School of Sciences

#### A Word from the Interim Dean

Dr. James E. Moore

Hello everyone,

I hope this newsletter finds you well. As many of you know CBU is currently in a state of flux. I do not know what CBU will look like in the coming months, but I can guarantee that the one constant will be the great education opportunities that our students deserve. Take this peach tree for example; it may look ragged, but we could easily take the one live branch remaining and graft that onto good 'root stock' and the tree would flourish. Here at CBU, we have great 'root stock', the faculty, in which we can build for the future.

This month's newsletter is an example of such. Our Nursing department is the featured department, which has become the largest department on campus. We also focus on student achievements, and highlight an important event that will take place on November 17th.

Sincerely, James E. Moore



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# Meet: Director of Nursing, Dr. Jennifer Hitt

Jennifer leads CBU's nursing program in all areas, including curriculum development and implementation, teaching, program evaluation, advancement, and accreditation. She also coaches and mentors students and faculty and somehow finds time to be involved in research in the field of nursing education.

"Nursing education is changing, just as the nursing field is changing. The pandemic taught us that prevention is just as important as treatment. Although we still emphasize acute care in the hospital, we're training our new nurses to care for patients in the community and at home. We're expanding our curriculum to include chronic care management, rehabilitation, and informatics. Nurses are not just at the bedside now. We can be found in all areas of our communities, and the way we educate future nurses is changing to fit our new role."

Jennifer's next goal is to expand CBU's Nursing Program to include a graduate program, because "nurses are seeking higher advanced degrees to match our growing role."

When she isn't working, Dr. Hitt enjoys traveling, theater, cooking and driving her 15- year old daughter around Memphis.

This October newsletter will highlight events occurring with Nursing students and alumni, New Simulation equipment for student learning, and departmental updates.



### Program Highlights

Rigorous Standards and Robust Student Performance

> Experienced Faculty

Advanced Stateof-the-Art Resources

Community-driven Service





www.cbu.edu/academics/schools/school-of-sciences/nursing/

# State-of-Art Resources for Nursing Students



Marie Randall, Visiting Assistant Professor, is utilizing the new equipment to enhance student learning and assist in allowing students to use hands-on experience





In September, Marie had the opportunity to attend a Simulation Educator Workshop at the Cleveland Clinic in Cleveland, Ohio where she received valuable knowledge on proper de-briefing techniques to utilize with the Nursing students here at Christian Brothers U. Over the past year the Nursing program has purchased a High-Fidelity Mannequin and Virtual Reality Simulation to incorporate into the Nursing courses.

We are excited to see how this equipment can expand and enhance our student learning outcomes and objectives while also having fun.



# Nursing Career Fair



On Thursday, October 12th, CBU hosted a Nursing Career Fair for all nursing students and recent graduates. Career Services invited Healthcare employers from across the Memphis area to network with our students. Employers are interested in hiring students in nursing and healthcare related areas. This opportunity allowed students to provide their resumes, make connections with each employer and learn more about future job opportunities.

# Student Nurses Organization

Student Nurses Organization is a support group for all students in the Nursing program at CBU. SNO includes everyone and serves as a resource for assisting with de-stressing, study tips, directing students to the right place to find information and gives students a chance to get involved with their peers. SNO ensures that students are using team-building to help each other succeed. This organization started in March of 2023 and is taking off.

Samantha Marchionda, President of SNO, states "I have never been in a leadership position before and I am learning and trying to guide this organization in the right direction." Samantha says this has taught her about leadership, delegation, professionalism and trusting your peers. "I am excited to see where this organization will go with the work and people that are invested in this- something that is inclusive and gives everyone an opportunity to participate in!"

On October 25th, SNO will be having an open meeting for Nursing students and staff to attend. This meeting will give attendees an opportunity to provide their input and suggestions for the organization and finalize future opportunities. Students are finalizing T-shirt ideas to use as a fundraising tool for the program to raise money.





# Men's Health Fair Walk

The National African American Male Wellness Walk provides a 5K walk and run as an awareness campaign, addressing the need for Black men to live longer from preventable diseases. Hunter Byers stated, "As a nursing student at CBU, I, along with peers, measured the blood glucose, cholesterol, weight, and blood pressure of anyone interested. We also provided educational pamphlets about diabetes, testicular cancer, and breast cancer. We were able to give people information about their current health status and preventative measures to aid in healthy lifestyle decision making. I look forward to applying my nursing experience in other outreach events and programs in the future."

Dr. Belinda Fleming, along with several other Nursing program faculty, accompanied the students for this Health Fair. "This was a



wonderful event to watch our students get involved with. Not only were students able to impact the healthcare of the fair's participants, but it also was an opportunity for them to see community health in action. Health fairs provide general information about good health and preventative medicine. This one offered screenings and assessments, blood sugar, cholesterol, blood pressure and teaching self exams that can detect a problem and get attendees on a track to a healthier self. Being a part of a health fair showed our nursing students that Health fairs are an essential part of education and preventative medicine. They can also facilitate early treatment of certain conditions." "As a nursing student at Christian Brothers University, I had the unique opportunity to participate in the Men's Walk. I am grateful for the chance to go out into the community and apply what I have learned to the real world."

#### HUNTER BYERS





# Student and Alumni Spotlight



### Tartavia Chambers

We are so proud of Tartavia Chambers for receiving the Daisy Award. Tartavia was a student in CBU's first Nursing program cohort and graduated in the Spring of 2022. This award honors Nurses who are considered role models in the Nursing community through their clinical expertise and compassionate care.

### Jasmine Stewart

Jasmine Stewart received the James Scholarship this year from Regional One. This scholarship is from the James' family who are CBU alumni. Jasmine was offered a position in the NICU and will be working there after she graduates.

"Receiving this scholarship was such a blessing for me because I have gone through so many hardships & so many challenges just to get to this point in my life. I know that God has a bigger purpose for me than what I sometimes see for myself & I believe that by trusting him, a difference will be made in this world. I am so excited to start this new journey & be a blessing to help NICU babies & their families."





#### Alumni Weekend

CBU served love on Alumni Weekend with a partnered service event with Catholic Charities of West Tennessee. Volunteers gathered together and prepared over 2,000 hygiene and food kits that would later be distributed throughout the Memphis community.

Dr. Nichole Knox who attended this event states "I think the event this weekend was a good example of us teaching our students how to serve. We have the saying on our doorways 'enter to love, leave to serve' and I believe that this opportunity gave the CBU community a chance to serve.





# BENEFACTORS PLAZA UNVEILING

(formerly the courtyard between Barry & St. Joseph Halls)

#### FRIDAY, NOVEMBER 17 • 4:00 - 7:00 PM

& RECEPTION IMMEDIATELY FOLLOWING IN THE FOYER OF THE COOPER-WILSON SCIENCE CENTER

JOIN US FOR A RECEPTION FOR THE NEWLY-NAMED BENEFACTORS PLAZA

Beverages and light refreshments will be served.

As a cherished supporter of our organization, your presence at this event would be an honor. We wish to share this special moment with you, as we express our deep appreciation for your commitment to Christian Brothers University.

we're excited to see you there!

