

## HOW TO:

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# Prepare for an Exam

### **CHECK YOUR SYLLABI**

At the beginning of the semester, your professor gave you a syllabus which is full of important information like upcoming assignments and exams.

### **TALK TO YOUR PROFESSOR**

If you are confused on the best way to study, ask your professor if they will give you some advice on how to get started. It is best to ask them multiple weeks in advance from the exam for best results.

### **REVIEW EARLY**

Cramming is not a good way to study and learn the information, instead try to space the information out over multiple days before the exam. It could be good to actively review the study material after each class lecture, that way when the test comes around it is more of a light review!

### **ASK FOR HELP**

If you are confused and not understanding the course material, seek help from your classmates, advisors, professors, and/or tutors. Advisors and professors may be able to help you narrow down a study plan and get you connected with a tutor if you need help.

### **DON'T OVERWORK YOURSELF**

Make sure to get plenty of rest the night before the exam and don't stay up trying to cram. It is also very important to make sure you are taking care of yourself while you are preparing, like getting lots of rest and making sure to eat.