



Enter to Learn. Leave to Serve. At CBU, we cherish our Lasallian values, which are reflected in everything we do. Welcome to the first edition of **Living Lasallian**, where we will share the latest stories of how our students, staff, faculty and alumni continue to embody and live by these principles.

We want to hear from you. [Submit story ideas here.](#)

A Seasonal Blessing

As the autumn leaves remind us of the beauty in change, I pray we find the grace to embrace the transitions in our lives with faith and courage. Help us find balance in all things and trust that God will guide us through every season.

May we be instruments of our Lasallian values, always mindful of His presence in our journey. Amen.



CBU S.O.S.

SEPTEMBER OF SERVICE
— 7 DAYS OF GOOD DEEDS —

Through our annual **September of Service (S.O.S.)** initiative, the CBU community honors its tradition of giving back. This year's projects included volunteering at the Ava Maria Nursing Home, tutoring students in the Refugee Empowerment Program, sorting donations at the Mid-South Food Bank, and clean-up and beautification projects throughout Memphis and Shelby County.



Read more about S.O.S. [here](#).



We loved seeing friends old and new at this year's **CBU Alumni Weekend**. Attendees enjoyed the inaugural President's Reception, a special service project and World of Beers. A special thanks to all who participated.





[Read more about Alumni Weekend here.](#)



Two Steps Ahead

Chemical engineering major **Lana Jabase** has been named a 2025 National Merit Scholarship Competition Semifinalist! Lana



graduated early from Houston High School in Germantown, TN, and entered CBU this August.

Through a combination of extra courses and dual enrollment college work, she completed high school in just three years and joined CBU's Class of 2027 with enough credits to start as a sophomore rather than a freshman.

[Read more about Lana here.](#)

Seasoned Storyteller

Help us welcome **Stefani Everson-Phillips**, who joined CBU in August as our Director of Communications. Stefani most recently served as the Director of External Communications for Memphis-Shelby County Schools. Prior to that, she was the

General Manager of the district's radio and TV stations, 88.5FM and C19TV, and led its broadcast education program.

Stefani brings more than 20 years of communications and marketing experience to CBU, and we are excited to have her at the helm. Fun fact: raised in an Air Force family, Stefani lived in Greece as a youth.



[Read more about Stefani here.](#)

An Eye for Design

What does CBU have in common with Rolex, Ralph Lauren Polo, Tina Turner, Subaru, two Nobel Peace Prize winners and various branches of the United Nations? **Professor Melinda Posey!**

In addition to creating designs for multi-million-dollar campaigns, you can find Prof. Posey teaching graphic design at CBU and working on her own art, running a design and



photography studio, and restoring her Victorian home outside of Memphis.

Read more about Prof. Posey [here](#).

We want to hear from you. Submit your feedback and contributions to connection@cbu.edu.

Enter to
LEARN *Leave to*
SERVE