MENU & ORDER FORM

Week of January 6, 2020



CLIENT NAME: MEAL PLAN: DLARGE DMEDIUM DSMALL

Please write in the quantity of selections you'd like for the week, according to the MONDAY DELIVERY	WEDNESDAY DELIVERY	FRIDAY DELIVERY
★ Snacks/Sweets/Salads	★ Snacks/Sweets/Salads	★ Snacks/Sweets/Salads
☐ Chocolate Brownie	☐ Raspberry White Chocolate Scone	□ Oatmeal Cookie
☐ Chocolate Pudding	☐ Blueberry Muffin	☐ Chocolate Pudding cup
☐ Blueberry Scone	□ Chocolate Chip Cookie	☐ Apple Cinnamon Muffin
☐ Strawberry Parfait	☐ Strawberry Parfait	☐ Strawberry Parfait
☐ Hardboiled Egg Cup	☐ Hardboiled Egg Cup	☐ Hardboiled Egg Cup
☐ Fresh Fruit Cup	☐ Fresh Fruit Cup	☐ Fresh Fruit Cup
☐ Grapes & Cheese Cup	☐ Grapes & Cheese Cup	☐ Grapes & Cheese Cup
☐ Garden Side Salad	□ Garden Side Salad	☐ Garden Side Salad
☐ Caesar Side Salad	☐ Caesar Side Salad	☐ Caesar Side Salad
☐ Raspberry Chocolate Yogurt Parfait	☐ Raspberry Chocolate Yogurt Parfait	☐ Raspberry Chocolate Yogurt Parfait
☐ Pineapple Cup	☐ Pineapple Cup	☐ Pineapple Cup
□ т поаррю очр	— I поарріс очр	
★ Sandwiches/Soups	★ Sandwiches/Soups	★ Sandwiches/Soups
☐ Chicken Caesar Wrap	☐ Chicken Caesar Wrap	☐ Chicken Caesar Wrap
☐ Herbed Ham and Cheese Wrap	☐ Herbed Ham and Cheese Wrap	☐ Herbed Ham and Cheese Wrap
☐ Turkey and Cheese on Wheat	☐ Turkey and Cheese on Wheat	☐ Turkey and Cheese on Wheat
☐ Roast Beef and Cheese on Wheat	☐ Roast Beef and Cheese on Wheat	☐ Roast Beef and Cheese on Wheat
☐ Tuna Salad on Wheat	☐ Tuna Salad on Wheat	☐ Tuna Salad on Wheat
☐ Italian Sub	☐ Italian Sub	☐ Italian Sub
☐ Turkey Sub	☐ Turkey Sub	☐ Turkey Sub
☐ BLT Chicken Salad	☐ BLT Chicken Salad	☐ BLT Chicken Salad
☐ Cream of Mushroom	☐ Pulled Chicken Brunswick	☐ Loaded Baked Potato Soup
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☐ Chicken Noodle Soup	☐ Sweet Potato and Black Bean Chili	☐ Vegetarian Split Pea Soup
★ Entrée	★ Entrée	★ Entrée
Chicken Marsala with Roasted Red	☐ Chicken Cordon Bleu with Roasted Red	☐ Chicken Parmesan over Spaghetti with
Potatoes and Sauteed Green Beans	Potatoes and Steamed Baby Carrots	Steamed Broccoli
☐ Beef Stroganoff with Buttered Egg	☐ Homestyle Meatloaf with Mashed	☐ Beef Pot Roast with Roasted Red
Noodles and Steamed Peas	Potatoes and Steamed Baby Carrots	Potatoes and Steamed Peas and
	•	Carrots
□ Broccoli and Fettucine Alfredo with a	☐ Spaghetti and Meatballs with Steamed	☐ White Vegetable Lasagna with Steamed
Garlic Breadstick	Broccoli and a Garlic Breadstick	Broccoli and a Garlic Breadstick
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□ Chicken Fried Rice with Stir Fried	☐ Beef and Broccoli Stir Fry with Lo Mein	☐ Orange Chicken Stir Fry with Jasmine
Vegetables and a Vegetable Egg Roll	Noodles and Stir Fried Vegetables	Rice and Steamed Broccoli
Coupogo Proglefont Durwith Warted	Old Fashianad Massyani and Chasse	Cycodiah Moothalla with Duttered Con
□ Sausage Breakfast Burrito with Roasted	☐ Old Fashioned Macaroni and Cheese	☐ Swedish Meatballs with Buttered Egg Noodles and Steamed Peas and
Red Potatoes	with Steamed Broccoli	i i i i i i i i i i i i i i i i i i i
		Carrots
NOTES:		