

We are as strong as the company we keep



**Comfort
Keepers.**

Elevating the
Human Spirit™



Comfort Keepers® are the compassionate in-home caregivers who deliver the *Comfort Keepers*® premier brand of caregiving. It takes a very dedicated professional to become a *Comfort Keeper*—each and every one of them has a natural gift for caring for others and a heart for in-home caregiving. Every *Comfort Keeper* goes through a rigorous screening and interview process:

- Multiple face-to-face interviews with different staff members
- Extensive background checks, including national and county criminal background and driving record checks
- Professional and personal reference checks

Training makes all the difference

Our *Comfort Keepers* are professional and well-trained to deliver a special type of care that includes four interrelated aspects: mental engagement, active body, proper nutrition, and safety.

Our *Comfort Keepers* enrich the lives of seniors and other adults as they help them live safely, happily, and independently in the comfort of their own homes. That's why the best care starts with finding the right people for the job. In addition to extensive background checks and continuing education classes, they're also bonded, insured, and covered by workers' compensation insurance to protect our clients and their families. And because our in-home caregivers are *Comfort Keepers* employees, we take care of their payroll taxes.

Here's how we can help

Togetherness tasks

- Good conversation
- Cooking together
- Doing laundry
- Light housekeeping
- Driving to the store or an appointment
- Running errands
- Live-in service (where available)
- 24-hour care
- Respite care for the family

Daily routines

- Bathing, grooming, and hygiene
- Getting the mail
- Standing up from chairs or going down stairs
- Toileting and incontinence care
- Helping with meals and managing diets
- Dementia care
- Medication reminders

SafetyChoice®

- Personal Emergency Response System (PERS)
- Secure methods for dispensing medication
- Bedside pressure mats

We are there when you need us



Comfort Keepers® offers a full range of in-home services to meet the unique care needs of each client we care for. Our *Comfort Keepers*® tailor care plans that foster independent living in the home:

- Comfort Keepers is available 24 hours a day, 7 days a week, including holidays and weekends.
- We are available to initiate care within 24 hours of contact.
- If your *Comfort Keeper* is ill or cannot make it to work, our team of *Comfort Keepers* will be ready to fill in.
- To ensure schedule consistency, we have a systematic approach to track when a *Comfort Keeper* arrives and leaves a client's home.

The many ways you'll gain peace of mind

Comfort Keepers routinely collaborates with skilled agencies, senior facilities, rehabilitation facilities, and many other health care providers to implement a customized care plan. Allowing each discipline to focus on its area of expertise creates a more efficient process and positive outcome for the client.

Your loved one is never alone. We provide an array of in-home care technology so you can rest assured that help is always at hand. A wireless pendant or wristband, when pushed, dispatches the appropriate help immediately.

It is important that family caregivers make time to care for themselves and preserve other relationships and aspects of their lives. If you or someone you know is the primary family caregiver for a loved one, Comfort Keepers can provide much-needed respite care. You can trust Comfort Keepers to provide the type of care that brings peace of mind to you and your loved one.



Interactive Caregiving™ sets us apart

Interactive Caregiving™, our distinctive approach to in-home care, is at the very heart of Comfort Keepers®. Our dedicated *Comfort Keepers* transform day-to-day caregiving into opportunities for meaningful conversation and activities that engage and enrich the lives of seniors physically, mentally, socially, and emotionally.

This practice of Interactive Caregiving can contribute to longer, healthier, more purposeful lives for seniors—a fact proven by many research studies that point to the health benefits of active living in later life.

For maximum effectiveness, *Comfort Keepers* tailor their Interactive Caregiving approach to the personality, unique interests, and abilities of each senior client.



**Comfort Keepers of
Coronado**

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