



HELLO
JANUARY

Happy Birthday!

Clients

- Delores B. 1/13
- Norma C. 1/15

Comfort Keepers

- Natasha T. 1/1
- Alice K. 1/10
- Kailah M. 1/11
- Brigitte H. 1/16
- Jennifer D. 1/22
- Liz L. 1/29

Congratulations December 2019

Comfort Keeper of the Month! Brigid H.

Since joining our team, Brigid has gone above and beyond expectations to provide compassionate, personable, and great care to each of her Clients. Brigid is dependable, reliable and flexible with her schedule. Brigid picked up several extra shifts in December to help cover vacations. Her attitude is always "whatever the Client needs."

Brigid's outgoing personality and sensitivity to provide the best possible care and comfort are very important characteristics to being a successful Comfort Keeper. Thank you, Brigid and Congratulations!

Did you know?

Physical activity is good for people of all ages. Staying active can help:

Lower your risk of heart disease, stroke, type 2 diabetes, and some types of cancer.

AND

Improve your strength and balance so you can prevent injuries and stay independent, improve your mood, feel better about yourself, improve your ability to think, learn, and make decisions.



Comfort
Keepers.

Elevating the
Human Spirit

Quote of the Month *"Write it on your heart that every day is the best day in the year."* Ralph Waldo Emerson

CK spotlight – Donna T.

Why Comfort Keepers?

I choose Comfort Keepers because they were there physically to help with a client when there was a problem. They always make you feel special and important. They encourage us to treat our clients like family just like they treat us.

What makes you successful CK?

I am successful because I treat my clients in their special individual way. Every client is different and that makes it exciting learning about their ways. I am always willing to do whatever is needed to make their life easier.

Words of wisdom you'd like to pass on to your TEAM

Learn from your clients, new ideas and different ways to do things. Always smile.

SNOW.... A bad 4 letter word.... Or is it...? Not if you are prepared! This is just the start of winter, and unfortunately, snow is bound to come our way rather we want it or not. Do you have a plan A, B, and C in place so you can get to work in the snow? Our clients depend on us in any weather condition. Plan ahead for yourself and your clients 😊

RELIAS
LEARNING

January Monthly Mandatory Training:
Safe Driving for Comfort Keepers is the Required Training