

# 2020

#### **Happy Birthday!**

#### **Clients:**

Wanda W. 3/2 Lito O. 3/23 James M. 3/24 Sherry T. 3/28





# Congratulations February 2020 Comfort Keeper of the Month!



In the short amount of time since joining our team, Derek has gone above and beyond expectations to provide compassionate, personable, and great care to each of his Clients.

Derek is dependable and reliable and rarely misses a clockin or clock-out. He is flexible with his schedule and will cover shifts at any hour. His attitude is always "whatever the Client needs."

Derek's outgoing personality and sensitivity to provide the best possible care and comfort are very important characteristics to being a successful Comfort Keeper.

Thank you, Derek and Congratulations!

# Some Cognitive Activities to do with your clients.

Cognitive activities should stimulate the creative and problem-solving parts of the brain. These activities often allow the senior to create something new, which is both engaging and rewarding.

- Art
   (painting/sculpture/mosaics)
- Adult coloring books
- Music (singing/playing instruments/listening to old favorites)
- Crossword
   puzzles/Sudoku/word search
- Reading the (newspaper/novels/magazines or poetry)
- Have Fun!

#### **Quote of the Month:**

"March is the Month of Expectation."
-Emily Dickinson-

### CK spotlight – Kailah M.

#### Why Comfort Keepers?

independence. I also

I've always loved helping others whenever I could. This company is a great

way to care for those in need and give back to others. What do you LOVE about your job?

I love the smiles I can bring to our clients daily! I love

that I can help our clients stay in their homes safely and keep their

really love hearing about their lives and how many great stories they

have!

#### What makes you a successful CK?

My love for others. My passion to help others!

Words of Wisdom you'd like to pass on to your TEAM members:

No matter what the days throw at you, keep smiling!

# Free CPR Class







# March Monthly Mandatory Training:

1.0 Hour of any course of your choice. 3.1.2020 – 3.31.2020