



2020



### Happy Birthday!

#### Clients

- Thomas K. 4/6
- Laura G. 4/16
- Janet H. 4/29

#### Comfort Keepers

- Tiffany G. 4/7
- Helen L. 4/17
- Jessica L. 4/18
- Nadine H. 4/25
- Martha M. 4/29

### Congratulations March 2020

#### Comfort Keeper of the Month!



Peggy F.

Peggy has been with Comfort Keepers for over 7 years and has been a stellar employee the entire time. Peggy has taken on a broad range of clients and has excelled with each of them. Peggy is always patient, kind and very mindful of her clients' needs. She is dearly loved by each client and their family members for her compassionate and competent caregiving. Peggy is a great example of responsibility, accountability, and great client service. She exhibits our Core Values each and every day. Thank you for your commitment to our team and Congratulations Peggy!

### Did you know?

- an ostrich's eye is bigger than its brain
- lemons contain more sugar than strawberries
- the most commonly used letter in the alphabet is E
- the 3 most common languages in the world are Mandarin Chinese, Spanish and English
- a cat has 32 muscles in each ear
- sponges hold more cold water than hot
- the safest car color is white



### Quote of the Month:

**If you have the power to make someone happy, do it.  
The world needs more of that!**

### CK spotlight – Derek C.

#### Why Comfort Keepers?

I chose CK as this company is well run and provides me with steady assignments of clients that I can help the best.

The office staff provide exceptional support. I can make an adequate income with the steady clients provided.

#### What makes you a successful CK?

I get to know my clients and find out what is real for them and what they like or not. I then make myself fit into THEIR lifestyle and needs as appropriate. I'm there for them and their needs not for anything else. I do anything and everything in whatever way is most acceptable to them and their needs while maintaining a professional attitude and approach.

### A few ways to take care of YOURSELF...

- Explore community resources and connect yourself with them.
- Listen to music.
- Learn relaxation techniques.
- Give yourself a treat at least once a month, an ice cream cone, a new shirt or dress, a night out with friends, a new flowering plant.



**April Monthly Mandatory Training:  
1.0 hour of Relias Learning of your choice.  
4.1.2020 – 4.30.2020**