



2020



## Happy Birthday!

### Clients

**Donald B. 6/10**

**Larry H. 6/15**

## Comfort Keepers

### Congratulations May 2020 Comfort Keeper of the Month!



Helen L.

We are happy to name Helen our May Comfort Keeper of the Month! Since joining our team almost 6 years ago, Helen has proven to be a reliable, flexible, and dedicated Comfort Keeper.

Helen has been able to make bonds with her clients and works hard to meet their needs. She always has her clients' best interest at heart. Helen communicates great with the office staff, always assuring the plan of care is updated.

Thank you Helen for your outstanding work ethic and for treating our clients with the dignity and respect they deserve. We are glad to have you on our Comfort Keepers team. Congratulations!

### What is the history behind Father's Day?

In 1966, President Lyndon B. Johnson issued the first presidential proclamation honoring fathers, designating the third Sunday in June as Father's Day. Six years later, the day was made a permanent national holiday when President Richard Nixon signed it into law in 1972.



### Quote of the Month:

Either you run the day or the day runs you. Jim Rohn

### CK spotlight –

#### Why Comfort Keepers?

I think because everyone in this organization is focused on caring for our most vulnerable members of this society. CK is united as one force to make the lives of our clients healthier, happier and of a better quality. Everyone is committed to this beginning with the first contact in the office and carrying into our day to day interactions. Everyone involved with CK is the embodiment of that principle.

#### What makes you successful CK?

It all comes down to love and compassion. Loving what you are doing. Loving to make a difference in someone's life. Being there for them when their families can't. Hoping to make their lives better one smile at a time. For myself, I love helping others.

### Seasonal Allergy Management and Treatment

If you feel like you're always getting sick, with a cough or head congestion, it's time to see an allergist. You may think you're sure pollen is causing your suffering, but other substances may be involved as well. More than two-thirds of spring allergy sufferers actually have year-round symptoms. Your best resource for finding what's causing your suffering and stopping it, not just treating the symptoms, is an [allergist](#).

<https://acaai.org/allergies/seasonal-allergies>



### June Monthly **Mandatory** Training:

Bloodborne Pathogens and Standard Precautions 6.1.2020 – 6.30.2020