

**IN-HOME SENIOR CARE** 

In-home care is often a necessity for those that are transitioning home after a hospital stay or procedure. Whether someone is moving from a rehabilitation facility or directly from a hospital, there are benefits to completing recovery at home with a professional, quality caregiver to assist. And, our custom care plans focus on more than physical tasks. At Comfort Keepers®, we approach care from a total wellness perspective that improves the physical, mental and emotional health of our clients.

### Our Comfort Keepers® are:

- Subject to a rigorous interview process, including national background checks and personal and professional reference reviews,
- Specially trained in Interactive Caregiving, which encourages doing activities with clients
- Screened for empathy
- Employees, not contractors
- Bonded, insured and covered by workers' compensation

## **Comfort Keepers® Services**

Comfort Keepers develops custom care plans that include physical safety and wellbeing, emotional health, and socialization. Our goal is to help our clients have the best quality of life while maintaining their independence at home

#### **Personal Care**

- · Bathing, grooming and overall appearance
- Mobility assistance
- Assistance with position changes and transfers for those clients that are bedbound or may need assistance with getting in and out of bed
- $\boldsymbol{\cdot}$  Incontinence care, toileting needs and safety in the bathroom
- · Care for those with memory issues or cognitive impairments
- Medication reminders
- Support for physician prescribed nutrition and exercise programs

#### **Companion Care Services**

- Activities that bring joy, provide mental stimulation and encourage physical and emotional wellbeing.
- Assistance with preparing and serving meals, and support for special diets
- · Laundry and light housekeeping
- $\boldsymbol{\cdot}$  Reminders for grooming and other activities of daily living
- Grocery shopping and errands
- Escort and assistance with outings, social events, shopping trips, andother activities of interest to maintain engagement both physically and emotionally
- · 24-hour (around-the-clock) care
- · Education for families
- · Respite care for family and loved ones

# 19 Questions to ask potential care providers

Ask th	ese questions when you research an in-home care agency.	COMFORT KEEPERS	Agency A	Agency B
1.	Do you provide care that is geared toward physical as well as mental and emotional wellbeing?	Yes		
2.	How many years have you been in business?	22 Years		
3.	Do you keep the family informed and engaged in care?	Yes		
4.	Do you have a method to match a caregiver to my needs?	Yes		
5.	Does your agency have liability coverage? Are caregivers bonded and insured for theft?	Yes		
6.	Do your employees go through national and local background and driving checks?	Yes		
7.	Are all of your caregivers employees of your company (not contract workers), and are they covered by workers' compensation?	Yes		
8.	Do you have a system for tracking when caregivers arrive and leave a client's home?	Yes		
9.	Does your agency have a physical location where I can meet your staff and is there 24/7 phone service?	Yes		
10.	Are other caregivers available to step in if our regular caregiver can't come to work?	Yes		
11.	Do you require a minimum number of hours per visit? If so, what is that minimum?	5 Hours		
12.	Do you offer personal care services such as dressing, bathing, incontinence care, transfer and walking assistance?	Yes		
13.	Do you develop a customized plan of care that is updated periodically?	Yes		
14.	Will supervisors periodically come to our home to make sure your services are high quality?	Yes		
15.	Can you give me documentation about client rights, your code of ethics, workers' compensation, HIPAA compliance, as well as your fees?	Yes		
16.	Do you use technology that is geared toward staying engaged and connected and ensuring safety?	Yes		
<b>17</b> .	Will you provide a home safety assessment?	Yes		
18.	Do your caregivers have ongoing training?	Yes		
19.	How quickly can we start receiving care?	24 Hrs		

Need a hand in your search? Give us a call; we're happy to help.



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