

Happy Birthday!

Clients

• Kenneth J. 1/23

Comfort Keepers

- Kailah M. 1/11
- Kyia N. 1/18
- Jennifer D. 1/22
- Liz L. 1/29



Congratulations December 2020 Comfo<u>rt Keeper of the Month</u>!



Carriann H.

Since joining the Comfort Keeper Team over 3 years ago, Carriann has shown the utmost respect and admiration for each client she has had the pleasure of working with, her clients adore her, and she treats them like family.

Carriann is dedicated and dependable, she has some of our most challenging clients and she always shows up with a smile.

Carriann has a heart of gold! She makes every effort to be the best Comfort Keeper she can be and does it by bringing a positive attitude into everything she does. We are happy to have her as a part of the Comfort Keepers #438 team.

Thank you Carriann and Congratulations!

Did you know?

Physical activity is good for people of all ages. Staying active can help: Lower your risk of heart disease, stroke, type 2 diabetes, and some types of cancer.

AND

Improve your strength and balance so you can prevent injuries and stay independent, improve your mood, feel better about yourself, improve your ability to think, learn, and make decisions. Even small steps help.

Quote of the Month: "Write it on your heart that every day is the best day in the year." Ralph Waldo Emerson

CK spotlight – Susan P.

Why Comfort Keepers?

Comfort Keepers and I are a good fit. In Home Care is what we do.

What makes you successful CK?

I am a successful Comfort Keeper because providing quality care to each of my clients is my passion.

Words of wisdom you'd like to pass on to your TEAM.

Less Talking More Listening.

SNOW.... A bad 4 letter word.... Or is it...? Not if you are prepared! This is just the start of winter, and unfortunately, snow is bound to come our way rather we want it or not. Do you have a plan A, B, and C in place so you can get to work in the snow? Our clients depend on us in any weather condition. Plan ahead for yourself and your clients ©



January Monthly Mandatory Training:

Infection Control and Prevention. 1.0 hour of training is required monthly.